Patient Portal Sign Up
Your guide to get connected and make life easier.

The Patient Portal is a secure online portal providing Albany Med patients 24/7 access to their health information and other convenient features. The portal is powered by FollowMyHealth® and can be accessed via web browser or a smartphone app on any Apple or Android devices. Go to myAlbanyMed.com and follow this step-by-guide to sign up today!

1. **Go to myAlbanyMed.com** on your computer or web-ready device. It’s best to use a regular PC or laptop to sign up.
   - Click on the button to create an account.
   - Fill in the information on the web form and click to confirm and continue.

2. **Review terms of use** and click accept.
Create a username (you can use your email address) and a password.
• Click to confirm and continue.

Based on the zip code you entered, FollowMyHealth will show available partner organizations in your region.
Note: If Albany Med does not appear in the search results, you can enter the zip code 12208 in the search box.
• Click the connect button next to the Albany Med provider(s) that you’d like to request a connection with.
• Click next to continue.

Review and click the accept button to release information to Albany Medical Center.
• Click to agree and verify your identity.
• Answer identity questions to help us secure your account and finalize sign up.

You’re done! Your requested connection will be reviewed by Albany Med and notification regarding the connection will be sent within the next two business days.