Albany Medical Center  
Stool Specimen Collection (timed)– Patient Instructions

Collection period  □ 72 hours  □ 24 hours  □ Other (specify)________________________

During the collection period, store the timed stool can: □ at room temperature  □ refrigerated

1. Collect the stool sample(s) in a clean, dry container. Do not use toilet paper during the specimen collection as it may interfere with the test.
2. Transfer the entire sample to the specimen collection container (paint can). Write the time and date the first sample is collected on the paint can label.
3. Collect all bowel movements during the collection period designated by your physician.
4. Write the time and date of the last sample collection on the paint can label.
5. At the end of the specimen collection period, place the lid firmly on the paint can and return it to your physician's office or the laboratory.
6. Label container with your complete first and last names and date of birth.