General Considerations

Continues academic and clinical progress and begins independent management of patients under supervision of our Faculty.

Ambulatory Health Care

The case list of patients cared for in the Continuity Clinic begins to be concentrated in gynecologic cases with increasing complexity. Routine care of obstetrical and family planning patients becomes a smaller portion of the panel.

Obstetrics

The R3 may act as the senior resident on Labor and Delivery managing the most difficult patients and supervising the care of junior residents. Procedures are expanded to include difficult cesarean sections, more complicated operative vaginal deliveries and vaginal breach deliveries.

High Risk Obstetrics

The R3 spends two months on this service. Under the supervision of the attendings of the maternal fetal medicine division the resident cares for a wide variety of obstetrical problems and medical and surgical co-morbidities. The senior resident has increased responsibility compared to the R2 rotation. The resident also spends one half day per week in the High Risk Clinic at Albany Medical Center. Ultrasound technique and diagnosis is advanced through observation and supervised performance of more complicated ultrasound examinations.

Gynecology

The R3 is expected to be a major part of the decision making process in conjunction with the Chief Resident in the preoperative, intraoperative and postoperative areas. Abdominal procedures, advanced laparoscopic procedures and easier vaginal procedures are performed at this level. The actual procedures done are variable depending on the needs of the Chief Resident.
Reproductive Endocrinology

The R2 is exposed to problems common to general practice such as anovulation, hirsuitism, and bleeding irregularities during the rotation at CNY Fertility Center, Latham. The diagnosis and treatment of infertility are taught both from the generalist standpoint and exposure to advanced reproductive technologies including advanced ovulation induction and IVF. The resident accompanies the reproductive endocrinologist and assists reproductive surgical cases.

Elective

The Chief resident can choose more experience in areas where she is either interested or feels extra training. Examples would be urogynecology, ultrasound, or laparoscopic surgery for which opportunities are available in town or in remote settings.

Oncology (Albany Medical Center)

The R3 will rotate with GYN Oncology at AMC. The goal of this rotation is to provide exposure to the diagnosis and treatments of gynecologic cancer. Time will be spent learning outpatient management with days in clinic each week. There will also be opportunity to participate in a variety of surgical procedures and gain comfort with more difficult surgical techniques.

Family Planning (Albany Medical Center)

The R3 will spend a month working with the attending physicians interested in family planning. The rotation is comprised of outpatient clinic, where the resident will become comfortable with contraceptive counseling, LARC insertion and removal, and surgical follow up visits. One day a week will be dedicated OR time, where the resident will be able to improve their skills. These cases will be opt-out for those who do not participate in pregnancy termination.