Ironman Medicine Virtual Conference 2020

Due to the COVID-19 Pandemic, the Ironman Medicine conference will be held in a virtual format. The pre-recorded content can be accessed from August 7th through August 31st through a link that will be e-mailed to each participant upon registration. A live panel discussion with case presentation will be held on August 28th at 4pm.

Pre-recorded Content:

**Exercise Associated Collapse/Hyperthermia (30 minutes)**

Presenter: Ria Isacke, DO

Associate Program Director, Maine Medical Center Sports Medicine Fellowship
Primary Care and Sports Medicine Physician, Maine Medical Partners
Medical Director, Maine Marathon
Clinical Assistant Professor, Tufts University School of Medicine

**Hyponatremia (30 minutes)**

Presenter: Hamish A. Kerr MD MSc FAAP FACSM CAQSM

Fellowship Director, Sports Medicine
Professor of Medicine, Albany Medical College
Head Team Physician, Siena College
Chair, Medical & Risk Committee USA Rugby
Medical Advisory Board, New York State Athletic Commission
Concussion Consultant World Rugby

**GI Distress in Distance Athletes (30 minutes)**

Presenter: Todd S. Shatynski, MD, CAQSM.

Primary Care Sports Medicine Physician, Capital Region Orthopaedics
Albany Medical Center Sports Medicine Fellowship Faculty and Assistant Clinical Professor
Medical Director, Mohawk Hudson River Marathon
Team Physician, Triathlon Australia, University at Albany, and College of Saint Rose

**Planning a Mass Participation Event (60 minutes)**

Presenter: Tracey Viola, DO, FAAFP, CAQSM

Primary Care Sports Medicine Physician at Lake Placid Sports Medicine, Lake Placid, NY.
Medical Director, Ironman Lake Placid, Ironman Lake Placid 70.3, and Lake Placid Marathon and Half.
Chief Medical Officer, Winter World University Games, Lake Placid 2023 and International Children's Winter Games, Lake Placid 2019.
Consultant to the United States Olympic and Paralympic Training Center, Lake Placid, NY.
Clinical Assistant Professor Albany Medical College and Assistant Professor University of Vermont College of Medicine.

Swimming Induced Pulmonary Edema/Swim Deaths (30 minutes)

Presenter: Peter E. Sedgwick, MD FACSM
Primary Care Sports Medicine Physician, InterMed Sports Medicine

Live Panel Discussion - August 28th at 4pm – 5pm EST (60 minutes)

All presenters will be in attendance. This is a chance for the audience to ask questions about the presentations. Several cases will be presented that illustrate commonly encountered conditions in the medical tent and how to safely manage these conditions.

The registration fee this year will be $50 for physicians, $25 for non-physicians.