Current Topics in

PRIMARY CARE AND NEUROLOGY

Update for the Primary Care Practitioner

O C T O B E R  2 0 - 2 2 ,  2 0 1 7
The High Peaks Resort
2384 Saranac Avenue, Lake Placid, New York 12946

In collaboration with New York Chapter, American College of Physicians

Sponsored by Albany Medical College’s Department of Medicine, Department of Neurology and the Office of Continuing Medical Education
WHO SHOULD ATTEND
This program has been designed to be of interest to the physician, physician assistant or nurse practitioner whose practice involves the delivery of primary care to the adult and adolescent patient. While generalists are the target audience, sub-specialists who provide primary care will also find the topics useful.

ABOUT THE SYMPOSIUM
This conference focuses on topics of interest to primary care practitioners. The sessions will be concise, up-to-date and clinically relevant. Our intent is to bring practitioners of primary care together in a relaxed setting to review the latest trends in medicine and to share their own experiences and viewpoints in the context of evidence-based discussions.

LEARNING OBJECTIVES
At the conclusion of this conference, participants should:
• Become familiar with advances in multidisciplinary approach to headache management.
• Be familiar with evidence based strategies for diabetes treatment.
• Be able to diagnose and treat common thyroid disorders in primary care.
• Be cognizant of new threats that our adolescents are facing.
• Discuss common clinical nutrition scenarios encountered in primary care.
• Become familiar with nonsurgical and surgical approaches to knee pain.
• Be able to discuss the new frontier of robotic surgery.
• Discuss appropriate optimization of analgesic therapy.
• Recognize Huntington’s Disease in primary care.
• Be able to manage arrhythmias in primary care.
• Become familiar with the epilepsy monitoring unit.
• Recognize the role of immunomodulating therapy in neuromuscular disease.

ACCREDITATION
Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.
Albany Medical College designates this live activity for a maximum of 12.00 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
Physician Assistants: AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

For information regarding other professional credit, contact the Office of Continuing Medical Education.

TUITION

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<tr>
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<th>By Oct. 1</th>
<th>After Oct. 1</th>
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<tbody>
<tr>
<td>Physicians</td>
<td>$260</td>
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<td>Others</td>
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<td>Full-Time AMC</td>
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<td>Employees and Residents</td>
<td>$110</td>
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Tuition includes admission to the symposium, access to an on-line course syllabus and breaks.

Tuition Refund Policy: Tuition refunds are possible if notification is received by October 13. After that date no refunds are available. Refunds will be processed upon receipt of a written request.

NEED INFORMATION?
For information regarding the conference, contact the Office of Continuing Medical Education by phone at (518) 262-5828, fax at (518) 262-5679 or e-mail at pricej@mail.amc.edu.
For emergency calls during the conference, call the High Peaks Resort at (518) 523-4411.

Web Sites:
• Albany Medical Center - www.amc.edu
• www.highpeaksresort.com

CONFIRMATION
All registrants will receive a confirmation. If you register and do not receive a confirmation notice within one week of your registration, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure we have received your information.
Lodging reservation confirmation will be handled by the High Peaks Resort.

SPECIAL NEEDS
Should you have a disability, dietary restrictions, or require other special arrangements, please call the Office of CME by October 1 to discuss your needs.

ATTIRE
Attire during the conference sessions is neat casual. Since everyone has a different comfort level, we suggest that you bring a sweater or light jacket.

ON-LINE SYLLABUS
Printed syllabus material will NOT be available at the conference. If syllabus material is available it will be posted on-line before and after the conference. In order to receive access you must provide your e-mail address on the registration form. You will receive access information via e-mail. If you do not receive access information please call (518) 262-5828.
CONFERENCE REGISTRATION FORM  
Current Topics in Primary Care and Neurology  
OCTOBER 20-22, 2017

Tuition  
Registration by October 1:  
Physicians $260  
Others $210  
Full-Time AMC Employees and Residents $110  
After October 1:  
Physicians $310  
Others $260  
Full-Time AMC Employees and Residents $160

Only paid registrations can be accepted.

Name & Degree:  
(As to appear on conference materials)

CME Credit Tracking:  
Month of Birth Date of Birth First 4 Characters of First Name

Specialty:  
Institution/Affiliation:  
Department:  
Business Address:  
City:  State:  Zip:  
Business Phone:  Business Fax:  
Home Address:  
City:  State:  Zip:  
Home Phone:  
E-mail Address:  
(You must provide an e-mail address to gain access to the on-line syllabus)

Please Indicate Method of Payment:
☐ My check for $_________, payable to Albany Medical College is enclosed.
☐ Please charge my credit card for the amount of $_________.  
(For credit card payment, complete information below.)  
☐ MasterCard  ☐ Visa  ☐ American Express  ☐ Discover

Name As It Appears on Card:  
Card Number:  Exp. Date:  
Signature:  

Method of Registration:  
Mail or Fax  
Fax: (518) 262-5679  
Registrations accepted for Visa, MasterCard, Discover and American Express only. Fax registrations without credit card payment cannot be processed. This is a secure fax. Please register one person per form. This form may be photocopied.

Mail: Return This Form With Payment To:  
Office of Continuing Medical Education, Primary Care and Neurology Conference, Albany Medical College, Mail Code – 1 J408, 47 New Scotland Avenue, Albany, New York 12208-3479

OFFICE USE ONLY  
Check #:  B/P:  Amount:  Date Received:  
C.C. Approval #:  CC:  CL:  
Note:  

(You must provide an e-mail address to gain access to the on-line syllabus)
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td><strong>Friday, October 20</strong></td>
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</tr>
<tr>
<td>7:30 - 7:55am</td>
<td>Registration, Exhibits &amp; Continental Breakfast</td>
</tr>
<tr>
<td>7:55 - 8:00am</td>
<td>Welcome, Introductions and Administration of Pre-Test</td>
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<tr>
<td></td>
<td><em>Ivelisse Verrico, MD</em></td>
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<tr>
<td>8:00 - 9:00am</td>
<td>Case Studies in Optimizing Analgesic Therapies in Primary Care</td>
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<td></td>
<td><em>Jeff Fudin, PharmD</em></td>
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<td>9:00 - 10:30</td>
<td>Multiple Small Feedings of the Mind: Neurology</td>
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<tr>
<td></td>
<td><em>Karen Powers, MD</em></td>
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<td><em>Angela Antonikowski, PhD</em></td>
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<tr>
<td></td>
<td>• Collaborative Pediatric Migraine Treatment</td>
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<td>10:30 - 10:45</td>
<td>Break and Exhibits</td>
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<tr>
<td>10:45 - 12:00pm</td>
<td>Multiple Small Feedings of the Mind: Endocrinology</td>
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<tr>
<td></td>
<td><em>Sara Clark, MD</em></td>
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<td><em>Matt Leinung, MD</em></td>
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<td></td>
<td>• Diabetes: The Latest and Greatest Evidence Based Management Strategies</td>
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<td>• Primer on Common Thyroid Disorders</td>
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<td>12:00</td>
<td>Adjourn</td>
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<tr>
<td><strong>Saturday, October 21</strong></td>
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<tr>
<td>7:30 - 8:00am</td>
<td>Exhibits &amp; Continental Breakfast</td>
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<tr>
<td>8:00 - 9:00am</td>
<td>Knee Pain in Primary Care: When to Refer, When to Inject, When to Image</td>
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<td><em>Jared Roberts, MD</em></td>
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<td>9:00 - 10:00</td>
<td>The Future of Surgery: Robotics</td>
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<td><em>T. Paul Singh, MD</em></td>
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<td>10:00 - 10:15</td>
<td>Break and Exhibits</td>
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<tr>
<td>10:15 - 11:00</td>
<td>Recognizing Huntington’s Disease in your Practice</td>
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<td><em>Era Hanspal, MD</em></td>
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<tr>
<td>11:00 - 11:45</td>
<td>Sex, Drugs and Social Media in our Adolescents</td>
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<td>*Tricia Pelnik-Fecko, MD</td>
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<tr>
<td>11:45 - 12:30pm</td>
<td>Case Studies in Clinical Nutrition</td>
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<td></td>
<td>*Jennifer Lindstrom, MD</td>
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<tr>
<td>12:30pm</td>
<td>Adjourn</td>
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<tr>
<td><strong>Sunday, October 22</strong></td>
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<tr>
<td>7:30 - 8:00am</td>
<td>Continental Breakfast and Exhibits</td>
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<tr>
<td>8:00 - 9:00am</td>
<td>Update in Managing Arrhythmias in Primary Care</td>
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<td><em>David Steckman, MD</em></td>
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<td>9:00 - 10:00</td>
<td>The Role of the Epilepsy Monitoring Unit</td>
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<td><em>Timothy Lynch, MD</em></td>
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<td>10:00 - 10:15</td>
<td>Break</td>
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<tr>
<td>10:15 - 11:15</td>
<td>Role of Immunomodulating Therapy In Neuromuscular Disease</td>
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<td><em>Matt Murnane, MD</em></td>
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<tr>
<td>11:15 - 12:15pm</td>
<td>What’s New in Pain Management</td>
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<td><em>Charles Argoff, MD</em></td>
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<tr>
<td>12:15</td>
<td>Wrap Up Session with Post Test</td>
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**COURSE DIRECTORS**

Charles E. Argoff, MD  
Professor of Neurology  
Department of Neurology  
Albany Medical College

Ivelisse Verrico, MD, FACP, FAAP  
Assistant Professor of Internal Medicine and Pediatrics  
Program Director of the Combined Internal Medicine and Pediatrics Residency  
Division of Medicine  
Albany Medical College

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PGY2 Pharmacy Pain Residency  
Stratton VA Medical Center  
Albany, NY  
Adjunct Associate Professor  
Western New England University  
College of Pharmacy  
Springfield, MA

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Director of Behavioral Science  
Director of Research of Family and Community Medicine

Sara N. Clark, MD  
Assistant Professor of Medicine  
Program Director of Endocrinology Fellowship Program  
Division Head for Endocrinology

Era Hanspal, MD  
Assistant Professor of Neurology  
Department of Neurology
LAKE PLACID

Stretching along the shores of two spectacular bodies of water and surrounded by the Adirondack High Peaks, the Village of Lake Placid is located in the heart of the six million acre Adirondack State Park. Host to the 1932 and 1980 winter Olympics, the Lake Placid area offers a variety of recreational activities. Enjoy golf, tennis, fishing, hiking, biking, boating and rock climbing. Tour the Olympic Museum and the Olympic Sports and Jumping Complexes. Stroll in the Olympic Village where you’ll find a variety of boutiques and eateries. Lake Placid has something for everyone.

ACCOMMODATION INFORMATION

A block of rooms has been reserved at the High Peaks Resort for the conference from Thursday, October 19 through Saturday, October 21. The rate is $179 per night single/double occupancy, (based on a two night minimum stay required for Friday arrivals). Rates quoted do not include sales tax. Room rates will not be guaranteed after September 19, 2017.

All lodging reservations are to be made directly with the High Peaks by calling (518) 523-4411. Mention Albany Medical College to secure the above rates.

THE HIGH PEAKS RESORT

The High Peaks Resort is the only hotel in Lake Placid providing three experiences in one convenient setting. Located on Lake Placid’s bustling Main Street. Amenities includes indoor and outdoor pools, a fitness room, lake views and Dancing Bears Restaurant. For more information about the High Peaks Resort go to www.highpeaksresort.com.

ACKNOWLEDGMENT

A complete list of supporters will be provided at the conference.

DO YOU HAVE QUESTIONS FOR OUR FACULTY?

If you have specific questions regarding any of the agenda topics, please type them on a separate piece of paper and mail them to the Office of Continuing Medical Education with your registration. The faculty will do their best to respond to your questions, or incorporate the information into their talks.
We use multiple mailing lists for our conferences.
If you receive more than one brochure, kindly pass it on to a colleague.