Controversies in Nephrology and Hypertension - 2020
for Nephrology and Primary Care Providers

Program Director — Loay Salman, MD, MBA
Program Co-Director — Arif Asif, MD, MHCM
Program Committee — Swati Mehta, MD; Kelly Beers, DO, MS; Mauricio Monroy Prado, MD; Elvira Gosmanova, MD

Tuesday, March 31, 2020 • 7:30am - 4:50 pm
Hilton Garden Inn - Troy
235 Hoosick Street, Troy, New York 12180

Sponsored by Albany Medical College’s Division of Nephrology and Hypertension and the Office of Continuing Medical Education

Course Director:
Loay Salman, MD MBA
Thomas Ordway Distinguished Professor of Medicine
Chief: Division of Nephrology and Hypertension
Albany Medical College, Albany, NY

Course Co-Director:
Arif Asif MD, MHCM, FASN, FNK
Chair: Department of Medicine
Professor of Medicine
Jersey Shore University Medical Center
Hackensack-Meridian Health, Neptune, NJ

Guest Faculty
Anil K. Agarwal, MD, FACP, FASN, FNKF, FASDIN
Chief, Section of Nephrology at University Hospital East
Professor of Medicine
Director of Interventional Nephrology
Director of Clinical Scholarship for FAME
The Ohio State University
West Medical Center
Columbus, OH

Geovani Faddoul, MD
Carolina Diabetes and Kidney Care Center
Sumter, SC

Rachid Daouil, MD
Chief, Department of Medicine and Division of Nephrology
Saratoga Hospital Medical Group - Nephrology
Saratoga Springs, NY

Amy Hogan-Moulton, MD
Nephrology
Saratoga Springs, NY

Albany Medical College Faculty
Kelly Beers, DO, MS
Assistant Professor of Medicine
Division of Nephrology and Hypertension

David Conti, MD
Professor of Surgery
Chief: Division of Transplantation

Paul Der Mesrobian, MD
Nephrologist, Albany Stratton VA Medical Center
Assistant Professor of Medicine
Albany Medical College

Aidar R. Gosmanov, MD, PhD, FACE
Associate Professor of Medicine
Albany Medical College
Chief Endocrinology Section
Stratton VA Medical Center

Elvira Gosmanova, MD, FASN
Chief Nephrology Section
Samuel S Stratton VA Medical Center
Associate Professor of Medicine
Division of Nephrology, Department of Medicine
Albany Medical College

Krishnakumar Hongali, MD
Assistant Professor of Medicine
Division of Nephrology and Hypertension

Swati Mehta, MD
Assistant Professor of Medicine
Division of Nephrology and Hypertension

Robert Plews, MD
Assistant Professor of Surgery
Transplant Surgeon

Sunil Patel, MD, FRSCEd., MBA
Associate Professor of Surgery
Transplant Surgeon

Mauricio Monroy Prado, MD
Assistant Professor of Medicine
Division of Nephrology and Hypertension

Gulvahid Shaikh, MBBS, FASN
Attending Nephrologist
Division of Nephrology, Department of Medicine
Samuel S. Stratton VA Medical Center
Assistant Professor of Medicine
Albany Medical College

Mandeep S. Sidhu, MD, MBA, FACC, FAHA
ISCHEMIA Clinical Coordinating Center
Faculty and Investigator,
Co-Regional Leader, ISCHEMIA and ISCHEMIA CKD Trials
Associate Professor of Medicine
Division of Cardiology
Assistant Dean for Medical Education and Student Research
Adjunct Professor of Health Care Management
Clarkson University

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REGISTER BY MARCH 1 AND SAVE $$

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Course Description
Nephrology Nephropathy and Hypertension updates for Primary Care Providers is a uniquely designed conference that provides a platform for comprehensive updates on hypertension, advances in chronic kidney disease, diabetic nephropathy, and a brief overview and refresher on intriguing aspects of nephrology including hyperkalemia, diabetic kidney disease, management of diabetes in CKD patients and renal transplantation. This conference is geared to address challenging topics in nephrology, relevant to the clinical practice of a primary care provider. The content and discussions in this conference will be instrumental in the management of patients in a primary care setting. This conference will highlight the latest concepts in the diagnosis and management of hypertension in general and specific conditions as well. Guidelines from the key national and international societies and organizations will be discussed.

Important nephrology topics will be targeted, and discussions will focus on aspects of nephrology that are particularly applicable to primary care providers and relevant to their daily patient interactions. Certain presentations will use case-based approach.

Complex mechanisms will be broken down into simple concepts during concise and to the point lectures. Point counterpoint presentations will emphasize important elements and management strategies. Meet and ask the presenters will be available to interact one-on-one with outstanding speakers about the management of hypertension and nephrology conditions.

Target Audience
This course is designed for Internists, Family Medicine, Hospitaleists, General Medicine, Pediatrics, Nephrologists, Cardiologists, Endocrinologists, OB/GYN, Pharmacists, Nurses, Nurse Practitioners, Physicians Assistants and Dietitians. Interested allied health providers are welcome to attend.

Confirmation
All registrants will receive a confirmation. If you register and do not receive a confirmation notice within one week of your registration, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure we have received your information.

Objectives
Upon completion of the course, the participant should be able to:
- Understand and discuss the mechanisms of hypertension in general and in certain conditions such as pregnancy, after kidney transplantation and others.
- Recognize complications of hypertension.
- Discuss updates on new trials on the management of hypertension.
- Discuss new treatment options for chronic kidney disease and related complications such as hyperkalemia.
- Discuss pros and cons of using RAASI in CKD patients.
- Discuss new therapeutic options and cardiac outcome in CKD patients.
- Discuss complications of proteinuria that providers should be aware of the management of diabetic nephropathy.
- Discuss primary care related topics pertaining to kidney transplant.

Accreditation
Physician: The Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACME) to provide continuing medical education for physicians. Albany Medical College designates this Live activity for a maximum of 7.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with their participation in the activity.

Physician Assistant: AAPA accepts Category I credit from ACCME, CME. Prescribed credit from AAPA and AMIC Category I CME credit for the PRA from organizations accredited by ACCME.

Continuing Nursing Education (CNE) Accreditation: Albany Medical Center is accredited as a provider of nursing continuing professional development by the American Nurses Credentialing Center’s Commission on Accreditation. This Learning Activity is eligible for 7.5 Continuing Nursing Education contact hours.

Registration
On-Line Registration at http://www.amc.edu/academic/cme/events_and_programs.cfm Pre registration is required.

Acknowledgement
A complete list of supporters will be available at the conference.

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Tuition includes course registration, access to the on-line syllabus material if available, a continental breakfast and boxed lunch on Friday.

Refunds are possible if notification is received in writing by March 8, 2019.

On-line Syllabus
Printed syllabus material will NOT be available at the conference. If syllabus material is available, it will be available on-line prior to and after the conference. In order to receive access to the syllabus material you must provide your e-mail address on the registration form. You will receive access information via e-mail. If you do not receive access information please call (518) 262-5828.

Overnight Rooms
A block of overnight rooms has been reserved at the Hilton Garden Inn – Troy for the evening of March 30. The rate for a standard room is $129.00 Queen or King. These rates are per night and do not include tax. Please call 877/STAY HIL or go on-line at stay希尔.com. Please use the group code ACMIC. After March 16 the rooms will be released and the above rate is not guaranteed. Check-in is 4:00 pm. Check-out is 12:00 Noon.

Directions
FROM THE NORTH: Take the Adirondack Northway/NY Route 87, South, to exit 7/Route 7, east towards Troy/Echoes. Follow Route 7 over route 787, about 5 miles. At the bottom of the bridge, go straight through the light and proceed up the hill on Hoosick Street. The Hilton Garden Inn Troy will be three quarters of a mile up the hill on the left hand side.

FROM THE SOUTH: Take the New York State Thruway/I-87 North towards Albany. Merge onto I-787 North, via Exit 23 towards Downtown Albany/Rensselaer/Troy, for about 9 miles. Merge onto NY 787 East towards Troy/Albany. Go East, up the hill, on Hoosick Street, at the light at the bottom of the bridge. The Hilton Garden Inn Troy will be three quarters of a mile up the hill, on the left hand side.

Need Information?
For further information regarding this conference, contact the Office of Continuing Medical Education by phone @ (518) 262-5828, by fax @ (518) 262-5679 or e-mail at price@amc.edu. For emergency calls during the conference, please call the Troy Hilton Garden Inn at (518) 272-1700.

Special Needs
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Agenda
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8:00 – 8:09 Welcome and Opening Remarks
Loay Salman, MD, MBA
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8:30 – 8:49 Blood Pressure Goals: Navigating the Controversy – Krishnakumar Hongoal, MD
8:50 – 9:09 White Coat and Masked Hypertension: What are the Updates? – Mauricio Monroy Prado, MD
9:10 – 9:19 Questions and Answers
Moderator: Arif Asif, MD, MHCM
9:20 – 9:39 Hypertension After Kidney Transplantation: How Do We Manage It? – Rachid Daoui, MD
9:40 – 9:59 Hypertension in Blacks: What are the Updates? – Tariq Chand, MD
10:00 – 10:19 Hypertension in Pregnancy: How Should we Manage it? – Kelly Beans, DO, MS
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Moderator: Elvira Gosmanova, MD
10:50 – 11:00 CAD Among CKD and ESRD Patients: Important Updates – Mandep Singh, MD, MBA
11:10 – 11:29 Drug Induced Hypertension: What Should the PCP Know? – Amy Hogan-Moulton, MD
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12:00 – 12:59 Lunch

Moderator: Mauricio Monroy Prado, MD
1:00 – 1:19 Hypertension in CKD and ESRD Patients. More Options! – Prashant Agrawal, MD
1:20 – 1:29 RAAIs Inhibitors Among CKD and ESRD Patients: Pros and Cons – Mandep Singh, MD, MBA
1:30 – 1:39 Anticoagulation in CKD and ESRD Patients: What are the Updates? – Gulvarsh Shah, MBBS, FASN
1:40 – 1:59 Questions and Answers
2:00 – 2:09 Break

Moderator: Kelly Beans, DO, MS
2:10 – 2:29 Proteinuria: A Big Risk Factor for Complications! Anita Agarwal, MD
2:30 – 2:49 Diabetic Kidney Disease: A Constantly Evolving Field! – Anil Agarwal, MD
2:50 – 3:09 Diabetic Patient with CKD or ESRD: How Do I Modify Diabetes Medication – Aidar Gosmanov, MD, PhD
3:10 – 3:19 Questions and Answers
3:20 – 3:39 Break and Exhibits

Moderator: Loay Salman, MD, MBA
4:00 – 4:19 Immunosuppression Treatment Complications: The Essentials for PCPs – Chian C. Lee, MD
4:20 – 4:39 Kidney Transplant is the Best Option for ESRD Patients: How Can We Increase Transplantation Rates? – Sunil Patel, MD
4:40 – 4:49 Questions and Answers
4:50 – Adjourn
Nephrology Hypertension and Nephropathy

**Course Description**

Nephrology Hypertension and Nephropathy updates for Primary Care Providers is a uniquely designed conference that provides a platform for comprehensive updates on hypertension, advances in chronic kidney disease, diabetic nephropathy, and a brief overview and refresher on intriguing aspects of nephrology including hyperkalemia, diabetic kidney disease, management of diabetes in CKD patients and renal transplantation. This conference is geared to addressing challenging topics in nephrology, relevant to the clinical practice of a primary care provider. The content and discussions in the conference will be instrumental in the management of patients in a primary care setting.

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Physician Assistant: AAPA accepts Category I credit from ACCME, CME. Prescribed credit from AAPA: and ACCME Category I CME credit for the PRA from organizations accredited by ACCME.

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- Discuss the management of diabetic nephropathy.
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**Registration**

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**Directions**

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By March 1, 2020

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