11th Annual
Current Topics in Neonatal Nutrition and Advances in Neonatal Care

October 15-16 2019
Tappan Hill
81 Highland Avenue, Tarrytown, NY 10591
GPS Address: 200 Gunpowder Lane, Tarrytown, NY 10591
(only 25 miles from LaGuardia Airport and 12 miles from Westchester County Airport- HPN)

Agenda
Tuesday, October 15, 2019
Morning Session Moderated by John Zupancic, MD, ScD, FAAP
7:30 – 8:00 am Registration, Exhibits & Continental Breakfast
8:00 – 8:10 Welcome and Introduction and Administration of Pre-Test
Angel Rios, MD, FAAP
8:10 – 9:00 Combating Provider Burnout
Jochen Profit, MD, MPH
9:00 – 9:50 Quality Improvement and NEC
Aloka L Patel, MD, FAAP
9:50 – 10:05 Exhibits & Break
10:05 – 10:55 Utilizing Body Composition Measurement to Optimize Outcomes for Premature Infants
Sara Ramei, MD
Rick Guidotti
11:45 – 12:00 Q & A
12:00 – 1:15 Lunch and Exhibits

Afternoon Session Moderated by Sergio Golombek, MD, MPH, FAAP
1:15 – 2:05 Optimizing Outcomes in Severe BPD: Treating the Whole Infant and Family
Susan Lynch, MD
2:05 – 2:55 What is the threshold of viability?
A Re-look at the ethics of resuscitation for 22-week infants
Alan Fleischman, MD, FAAP
2:55 – 3:10 Exhibits and Break
3:10 – 4:00 Evidence Based Feeding Guidelines for VLBW Infants
Ian Griffin, MD
4:00 – 4:15 Panel Discussion
4:15 Meeting Adjourned

Wednesday, October 16, 2019
Morning Session Moderated by Deborah Campbell, MD, FAAP
7:30 – 8:00 am Exhibits & Continental Breakfast
8:00 – 8:10 Morning Announcements
Angel Rios, MD, FAAP
8:10 – 9:00 Perinatal Antibiotics, Effect on the Microbiome and Association with Childhood Outcomes
Sagor Mukhopadhyay, MD, MMSc
9:00 – 9:50 Nutritional Management and Optimal State in Severe BPD
Susan Lynch, MD
9:50 – 10:40 Addressing Disparities in NICU Care
Jochen Profit, MD, MPH
10:40 – 11:30 Breaks and Exhibits

Late Morning Session Moderated by Andrew Hopper, MD, FAAP
11:00 – 11:50 Predictors of Mothers Own Milk Provision for VLBW Infants
Aloka L Patel, MD, FAAP
Richard Polin, MD, FAAP
12:40 – 1:00 Panel Discussion
1:00 Closing Remarks and Box Lunch

This Conference Will Sell Out So Register Early To Reserve Your Seat!

Sponsored by Bernard & Millie Duker Children’s Hospital at the Albany Medical Center and the Office of Continuing Medical Education
# Agenda

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- **8:10 – 9:00** Combating Provider Burnout  
  - Jochen Profit, MD, MPH
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  - Aloka L Patel, MD, FAAP
- **9:50 – 10:05** Exhibits & Break  
- **10:05 – 10:55** Utilizing Body Composition Measurement to Optimize Outcomes for Premature Infants  
  - Sara Ramel, MD
- **10:55 – 11:45** Positive Exposure: Change How You See, See How You Change  
  - Rick Guidotti
- **11:45 – 12:00** Q & A
- **12:00 – 1:15** Lunch and Exhibits

**Afternoon Session Moderated by Sergio Golombek, MD, MPH, FAAP**

- **1:15 – 2:05** Optimizing Outcomes in Severe BPD: Treating the Whole Infant and Family  
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- **11:00 – 11:50** Predictors of Mothers Own Milk Provision for VLBW Infants  
  - Aloka L Patel, MD, FAAP
- **11:50 – 12:40** Nasal CPAP: The Gold Standard in Non-Invasive Support  
  - Richard Polin, MD, FAAP
- **12:40 – 1:00** Panel Discussion  
- **1:00** Closing Remarks and Box Lunch
Who Should Attend

This program has been designed to be of interest to neonatologists, pediatricians, physician assistants, neonatal nurse practitioners, nutritionists, neonatology fellows, pediatric residents and lactation consultants whose practice involves the delivery of care to preterm infants.

About the Symposium

Every year in the United States preterm delivery affects 1 in every 10 births, or approximately 400,000 births each year. The care of this very vulnerable population of infants has become exceedingly more complicated as survival rates improve. This symposium will provide a comprehensive evidence-based update in neonatal nutritional advances and discuss factors surrounding provider burnout, antibiotics and its impact on the microbiome, nasal CPAP and evidence-based feeding guidelines for VLBW infants.

Learning Objectives

At the conclusion of this conference, participants should be able to:

• Discuss evidence-based feeding guidelines for VLBW
• Review body composition measurements to optimize outcomes
• Discuss factors contributing to provider burnout
• Review antibiotics exposure and the effects on the microbiome
• Review quality improvement and NEC

Accreditation

Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Albany Medical College designates this live activity for a maximum of 12.75 AAFP Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistants

AAPA accepts Category I credit from AOACME, Prescribed credit from AAFP, and AMA Category 1 CME credit for the PPA from organizations accredited by ACCME. For information regarding other professional credit, contact the Office of Continuing Medical Education.

AAP Accreditation

This continuing medical education activity has been reviewed by the American Academy of Pediatrics and is acceptable for a maximum of 12.75 AAP credits. These credits can be applied to Fellows and Candidate Members of the American Academy of Pediatrics.

Nursing

Kandis Schreiner RN, 18160 Cottonwood Road, PMB 352, Sunriver, OR 97707 503-467-6681 is an independent provider approved by the California Board of Registered Nursing and has approved this for 11 contact hours. Provider #15828

Tuition

By October 10

Physicians $300.00
All Other Health Care Providers $200.00
Residents and Fellows $150.00

After October 10

Physicians $350.00
All Other Health Care Providers $250.00
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Tuition includes admission to the symposium, access to an on-line course syllabus, breakfast, breaks and lunch each day.

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Registration:

https://www.amc.edu/academic/cme/events_and_programs.cfm

Need Information?

For information regarding the conference, contact the Office of Continuing Medical Education by phone at (518) 262-5828, Fax at (518) 262-5679 or e-mail at cmeinfo@amc.edu.

For emergency calls during the conference, call Tappan Hill at (914) 631-3030

Tappan Hill

Tappan Hill Mansion is located on the former estate of Mark Twain in the scenic Hudson Valley, just 45 minutes north of midtown Manhattan. Tappan Hill is a stunning stone mansion located on seven acres in Westchester County with breathtaking views of the Hudson River and the Palisades. GPS Address: 200 Gunpowder Lane, Tarrytown, NY 10591

Accommodation Information

A block of rooms has been reserved at The Sheraton Tarrytown at 600 White Plains Road, Tarrytown, NY 10591 for the conference from Monday, October 14 through Wednesday, October 16. The rate is $189 per night. Rates quoted do not include sales tax. Room rates will not be guaranteed after September 13, 2019. Lodging reservations are to be made directly with the Sheraton Tarrytown by calling 1-888-627-8523. Mention Albany Medical College to secure the above rates.

Course Director

Angel Rios, MD, FAAP
Director of Neonatology
Professor of Pediatrics
The Children’s Hospital
Bernard & Millie Duker Children’s Hospital
Albany Medical Center
Albany, NY

Guest Faculty

Alan Fleischman, MD, FAAP
Professor of Clinical Pediatrics
Professor of Clinical Epidemiology and Population Health
Albert Einstein College of Medicine
Children’s Hospital at Montefiore Bronx, NY

Ian Griffen, MD
Professor of Pediatrics
Goryeb Children’s Hospital
Mini-Albany Regional Neonatal Associates
Morristown, NJ

Rick Guildi
Founder and Director of Positive Exposure
New York, NY

Susan Lynch, MD, FAAP
Professor of Pediatrics
Division of Neonatology
Nationwide Children’s Hospital
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Chief, Division of Neonatology
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Children’s Hospital at Montefiore Bronx, NY

Sergio Golombek, MD, MPH, FAAP
History Chair, American Academy of Pediatrics Section on Neonatal Perinatal Medicine
Professor of Pediatrics and Clinical Public Health
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Regional Neonatal Chair
Maria Faroni Children’s Hospital
Westchester Medical Center Valhalla, NY

Andrew Hopper, MD, FAAP
Professor of Pediatrics
Division of Neonatology
Department of Pediatrics
Loma Linda University School of Medicine
Loma Linda, CA

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Associate Chief of Neonatology
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Boston, MA

Organizing Committee

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Assistant Professor of Pediatrics
Bernard & Millie Duker Children’s Hospital
At Albany Medical Center
Albany, NY

Upender Munshi, MD, FAAP
Professor of Pediatrics
Bernard & Millie Duker Children’s Hospital
At Albany Medical Center
Albany, NY

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Who Should Attend
This program has been designed to be of interest to:
• Physicians
• Neonatologists
• Nutritionists
• Neonatal Fellows
• Pediatric residents and lactation consultants
• Mid-Atlantic Neonatal Associates

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Web Sites:
Albany Medical Center: www.amc.edu
Tappan Hill: www.albanykiracost.com

Confirmation
All registrants will receive a confirmation notice within one week of your registrations, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure we have received your information.

Lodging reservation confirmation will be handled by the Sheraton Tarrytown Hotel.

Special Needs
Should you have a disability, dietary restrictions, or require other special arrangements, please call the Office of CME by October 10 to discuss your needs.

Attire
Attire during the conference is neat casual. Since everyone has a different comfort level, we suggest that you bring a sweater or light jacket.

Acknowledgement
We gratefully acknowledge the following companies for providing support for the conference: Abbott Nutrition, CHIESI, Mallinckrodt Pharmaceuticals, Mead Johnson Nutritional.

On-Line Syllabus
Printed syllabus material will NOT be available at the conference. If syllabus material is available it will be posted on-line before and after the conference. In order to receive access you must provide your e-mail address on the registration form. You will receive access information via e-mail. If you do not receive access information please call (518) 262 5828.

Do You Have Questions For Our Faculty?
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• Review antibiotics exposure and the effects of their participation in the activity.
• Review quality improvement and NEC Accreditation

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State University of New York at Stony Brook

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Perelman School of Medicine
Attending Neonatologist
Children's Hospital of Philadelphia
Newborn Care at Pennsylvania Hospital
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Aloka Patel, MD, FAAP
Associate Professor of Pediatrics
Neonatal-Perinatal Medicine
Rush University Medical Center
Chicago, IL

Richard Polin, MD, FAAP
Director, Division of Neonatology
Professor of Pediatrics
New York Presbyterian Morgan Stanley
Children's Hospital
Columbia University Medical Center
New York, NY

Organizing Committee
Jennifer Ceron, MD, FAAP
Assistant Professor of Pediatrics
Bernard & Milie Duker Children's Hospital
At Albany Medical Center
Albany, NY

Upander Munshi, MD, FAAP
Professor of Pediatrics
Bernard & Milie Duker Children's Hospital
At Albany Medical Center
Albany, NY
## Agenda

### Tuesday, October 15, 2019

**Morning Session Moderated by John Zupancic, MD, ScD, FAAP**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:30 – 8:00 am</td>
<td>Registration, Exhibits &amp; Continental Breakfast</td>
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<tr>
<td>8:00 – 8:10</td>
<td>Welcome and Introduction and Administration of Pre-Test</td>
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<tr>
<td>Angel Rios, MD, FAAP</td>
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<tr>
<td>8:10 – 9:00</td>
<td>Combating Provider Burnout</td>
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<tr>
<td>Jochen Profit, MD, MPH</td>
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<tr>
<td>9:00 – 9:50</td>
<td>Quality Improvement and NEC</td>
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<tr>
<td>Aloka L Patel, MD, FAAP</td>
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<tr>
<td>9:50 – 10:05</td>
<td>Exhibits &amp; Break</td>
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<tr>
<td>10:05 – 10:55</td>
<td>Utilizing Body Composition Measurement to Optimize Outcomes for Premature Infants</td>
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<tr>
<td>Sara Ramel, MD</td>
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<tr>
<td>Rick Guidotti</td>
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<tr>
<td>11:45 – 12:00</td>
<td>Q &amp; A</td>
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<tr>
<td>12:00 – 1:15</td>
<td>Lunch and Exhibits</td>
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### Afternoon Session Moderated by Sergio Golombek, MD, MPH, FAAP

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>1:15 – 2:05</td>
<td>Optimizing Outcomes in Severe BPD: Treating the Whole Infant and Family</td>
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<tr>
<td>Susan Lynch, MD</td>
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<tr>
<td>2:05 – 2:55</td>
<td>What is the threshold of viability?</td>
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<td>A Re-look at the ethics of resuscitation for 22-week infants</td>
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<tr>
<td>Alan Fleischman, MD, FAAP</td>
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<tr>
<td>2:55 – 3:10</td>
<td>Exhibits and Break</td>
</tr>
<tr>
<td>3:10 – 4:00</td>
<td>Evidence Based Feeding Guidelines for VLBW Infants</td>
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<tr>
<td>Ian Griffin, MD</td>
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<tr>
<td>4:00 – 4:15</td>
<td>Panel Discussion</td>
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<tr>
<td>4:15</td>
<td>Meeting Adjourned</td>
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### Wednesday, October 16, 2019

**Morning Session Moderated by Deborah Campbell, MD, FAAP**

<table>
<thead>
<tr>
<th>Time</th>
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<tbody>
<tr>
<td>7:30 – 8:00 am</td>
<td>Exhibits &amp; Continental Breakfast</td>
</tr>
<tr>
<td>8:00 – 8:10</td>
<td>Morning Announcements</td>
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<tr>
<td>Angel Rios, MD, FAAP</td>
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<tr>
<td>8:10 – 9:00</td>
<td>Perinatal Antibiotics, Effect on the Microbiome and Association</td>
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<td>Sagor Mukhopadhyay, MD, MMSc</td>
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<tr>
<td>9:00 – 9:50</td>
<td>Nutritional Management and Optimal State in Severe BPD</td>
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<tr>
<td>Susan Lynch, MD</td>
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<tr>
<td>9:50 – 10:40</td>
<td>Addressing Disparities in NICU Care</td>
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<td>Jochen Profit, MD, MPH</td>
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<tr>
<td>10:40 – 11:00</td>
<td>Breaks and Exhibits</td>
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**Late Morning Session Moderated by Andrew Hopper, MD, FAAP**

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<th>Time</th>
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<tbody>
<tr>
<td>11:00 – 11:50</td>
<td>Predictors of Mothers Own Milk Provision for VLBW Infants</td>
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<tr>
<td>Aloka L Patel, MD, FAAP</td>
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<tr>
<td>Richard Polin, MD, FAAP</td>
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<tr>
<td>12:40 – 1:00</td>
<td>Panel Discussion</td>
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<tr>
<td>1:00</td>
<td>Closing Remarks and Box Lunch</td>
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