Nephrology and Hypertension Update 2017
For Primary Care Providers

Course Director: Loay Salman, MD, MBA
Course Co-Director: Elvira Gosmanova, MD
Course Organizers: Loay Salman, MD, MBA, Arif Asif MD, FASN, FNKF

Friday April 7, 2017 • 7:30am - 5:00pm
Hilton Garden Inn - Troy
235 Hoosick Street, Troy, New York 12180

Sponsored by Albany Medical College’s Division of Nephrology and Hypertension
and the Office of Continuing Medical Education
Pre-registration is required. Please type or print clearly & register one person per form.

Name & Degree (as to appear on conference information - up to two degrees only):
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E-mail Address (You must provide an e-mail address to gain access to the on-line syllabus):
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Fax: (518) 262-5679
Registrations accepted with credit card payment. Fax registrations without credit card information will not be processed. This is a secure fax line.

Mail:
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Albany Medical College
Office of Continuing Medical Education
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Course Description
Nephrology and Hypertension updates for Primary Care Providers is a uniquely designed conference that provides a platform for comprehensive updates on hypertension, advances in chronic kidney disease, diabetic nephropathy, metabolic syndrome, and a brief overview and refresher on intriguing aspects of nephrology including hyponatremia, kidney stones, vasculitis and renal transplantation. This conference is geared to address challenging topics in nephrology, relevant to the clinical practice of a primary care provider. The content and discussions in this conference will be instrumental in the management of patients in a primary care setting.

This conference will highlight the latest concepts in the diagnosis and management of hypertension. Guidelines from the American Society of Hypertension, International Society of Hypertension and the Joint National Commission Report 8 (JNC8) will be discussed.

Important nephrology topics will be targeted, and discussions will focus on aspects of nephrology that are particularly applicable to primary care providers and relevant to their daily patient interactions. New collaborative programs in caring for patients with Chronic Kidney Disease (CKD) will be introduced as well.

Complex mechanisms will be broken down into simple concepts during concise and to the point lectures. Point counterpoint presentations will emphasize important elements and management strategies. Meet and ask the professors will enable attendees to interact one-on-one with outstanding speakers about the management of hypertension and nephrology conditions.

Target Audience
This course is designed for Internists, Family Medicine, Hospitalists, General Medicine, Pediatrics, Nephrologists, Cardiologists, Endocrinologists, OBGYN, Pharmacists, Nurses, Nurse, Practitioners, Physicians Assistants and Dieticians.

Interested allied health providers are welcome to attend.

Objectives
Upon completion of the course, the participant should be able to:

• Understand and discuss the mechanisms of hypertension.
• Recognize the complications of hypertension.
• Discuss updates on new trials on the management of hypertension.
• Describe the management of hypertension urgencies and emergencies.
• Discuss strategies to improve chronic kidney disease patients’ quality of life and outcome.
• Discuss the management of diabetic nephropathy.
• Discuss dialysis and kidney transplant as an option for End Stage Renal Disease.

Accreditation
Physician:
The Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Albany Medical College designates this Live activity for a maximum of 7.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistant:
AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

Nursing
Contact hours are provided by Kendra Schreiner, RN, 20685 SW Deline, Aloha, OR 97078. Phone (503) 467-6661. As an independent provider approved by the CA Board of Registered Nursing, Provider #15828, this program is approved for 7 contact hours.

Tuition
Registration by March 17, 2017:
Physician $200
Others $150
Residents and AMC Employees $50
AMC Students $25

After March 17, 2017:
Physician $300
Others $250
Residents and AMC Employees $100
AMC Students $100

Tuition includes course registration, access to the on-line syllabus material if available, a continental breakfast and boxed lunch on Friday.

Refunds are possible if notification is received in writing by April 1, 2017.
Confirmation
All registrants will receive a confirmation. If you register and do not receive a confirmation notice within one week of your registration, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure we have received your information.

On-line Syllabus
Printed syllabus material will NOT be available at the conference. If syllabus material is available, it will be available on-line prior to and after the conference. In order to receive access to the syllabus material you must provide your e-mail address on the registration form. You will receive access information via e-mail. If you do not receive access information please call (518) 262-5828.

Overnight Rooms
A block of overnight rooms has been reserved at the Hilton Garden Inn - Troy for the evening of April 6. The rate for a standard room is $129 Queen or King. These rates are per night and do not include tax. Please call (877) STAY-HGI or go on-line at troy.HGI.com. Please use the group code ACHC. After March 16 the rooms will be released and the above rate is not guaranteed. Check-in is 4:00pm: Checkout is 12:00 Noon.

Directions
FROM THE NORTH: Take the Adirondack Northway/NY Route 87, South, to Exit 7/Route 7, east towards Troy/Cohoes. Follow Route 7 over Route 787, about 5 miles. At the bottom of the bridge, go straight through the light and proceed up the hill on Hoosick Street. The Hilton Garden Inn - Troy will be three quarters of a mile up the hill on the left hand side.

FROM THE SOUTH: Take the New York State Thruway/I-87 North towards Albany. Merge onto I-787 North, via Exit 23 towards Downtown Albany/Rensselaer/Troy, for about 9 miles. Merge onto NY 7 via Exit 9E towards Troy/Bennington. Go east, up the hill, on Hoosick Street, at the light at the bottom of the bridge. The Hilton Garden Inn - Troy will be three quarters of a mile up the hill, on the left hand side.

Need Information?
For further information regarding this conference, contact the Office of Continuing Medical Education by phone @ (518) 262-5828, by fax @ (518) 262-5679 or e-mail at pricej@mail.amc.edu. For emergency calls during the conference, please call the Hilton Garden Inn - Troy at (518) 272-1700.

Be sure to visit the Albany Medical Center website @ www.amc.edu.

Special Needs
Should you have disabilities, dietary restrictions or other requirements, please contact the Office of Continuing Medical Education at (518) 262-5828 by March 21 to discuss your needs.

Attire
Because everyone has a different comfort level we suggest you dress in layers or bring a sweater.

Acknowledgement
A complete list of supporters will be available at the conference.

Do You Have Specific Questions?
If you have questions regarding any of the scheduled topics, write them on a separate sheet of paper and enclose with the registration form. Our faculty will do their best to include the information in their talk.
Agenda

7:30-8:00am  Registration, Exhibits and Continental Breakfast
8:00-8:10  Welcome and Opening Remarks - Richard Blinkhorn, Jr., MD, FACP

Moderator: Loay Salman, MD, MBA
8:10-8:25  Blood Pressure Targets After the SPRINT Trial - Elvira Gosmanova, MD
8:25-8:40  Hypertension Management: An Update from the Hypertension Center
Krishnakumar Hongalgi, MD
8:40-8:55  Hypertension and CV Outcome - Edward Philbin, MD
8:55-9:00  Questions and Answers

Moderator: Elvira Gosmanova, MD
9:00-9:15  Metabolic Syndrome - Sara Clark, MD
9:15-9:30  Pediatric Metabolic Syndrome - Elisabeth Simon, MD
9:30-9:45  Adverse Effects of Anti-Hypertensive Drugs - Vincent Carsillo, MD
9:45-9:50  Questions and Answers
9:50-10:00  Break

Moderator: Arif Asif, MD
10:00-10:15  Salt, Exercise, Diet and Hypertension - John Tietjen, DO
10:15-10:30  Secondary Hypertension - Paul Der Mesropian, MD
10:30 -10:45  Resistant Hypertension - Carlo Basile, MD
10:45-11:00  Hypertensive Urgencies & Emergencies: A Case Presentation - Mauricio Monrroy, MD
11:00-11:05  Questions and Answers

Moderator: Krishnakumar Hongalgi, MD
11:05-11:20  Renal Sympathetic Denervation: Does it Really Work? - Gary Siskin, MD
11:20-11:35  Hypertension in Blacks: How Should I Treat it? - George Eisele, MD
11:35-11:50  Hyponatremia: A Case-Based Approach! - Kenneth Phelps, MD
11:50-12:05pm  Pediatrics Hypertension - James Listman, MD
12:05-12:10  Questions and Answers
12:10-12:55  Lunch

Moderator: Tushar Vachharajani, MD
1:00-1:15  Chronic Kidney Disease (CKD): Can We Slow Its Progression? - Loay Salman, MD, MBA
1:15-1:30  Coordination to Improve CKD Care: A Novel Approach! - Robert Taylor, MD
1:30-1:45  Chronic Kidney Disease (CKD): How Can We Assess and Improve Quality of Life
Kam Kalantar-Zadeh, MD, MPH, PhD
1:45-1:50  Question and Answers

Moderator: George Eisele, MD
1:50-2:05  Proteinuria: How Should I Approach It? - Tushar Vachharajani, MD
2:05-2:20  Diabetic Nephropathy Updates - Alessia Fornoni, MD, PhD
2:20-2:35  Hypertension and the Kidney - Samra Abouchacra, MD
2:35-2:40  Questions and Answers
2:40-2:50  Break

Moderator: Rafia Chaudhry, MD
2:50-3:05  Kidney Stones: Updates from the Expert! - Deepa Malieckal, MD
3:05-3:20  Nutritional Management of CKD - Kam Kalantar-Zadeh, MD, MPH, PhD
3:20-3:35  Vasculitis: An Update from the Vasculitis Institute! - Swati Mehta, MD
3:35-3:50  Contract Induced Nephropathy: Can I Reduce the Risk? - Rafia Chaudhry, MD
3:50-3:55  Questions and Answers

Moderator: Mauricio Monrroy, MD
3:55-4:10  Dialysis Access Made Simple – Arif Asif, MD
4:10-4:25  Post Kidney Transplant Complications - Case-Based Approach - David Conti, MD
4:25-4:40  Kidney Transplant Medication Side Effects - Case-Based Approach
Reynold Lopez-Soler, MD
4:55-5:00  Questions and Answers
5:00pm  Wrap Up - Loay Salman, MD, MBA
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John Tietjen, DO  
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Albany, NY
Register by March 17 and save $$$$$$$$$$$

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