The 11th Annual

Goodman Diabetes Symposium

Wednesday, October 20, 2010

The Desmond Hotel and Conference Center
660 Albany Shaker Road, Albany, New York 12211

Sponsored by Albany Medical College’s Department of Medicine, Goodman Diabetes Service and the Office of Continuing Medical Education, and the Albany Medical Center Nursing Continuing Education Provider Unit.
Please type or print clearly and register one person per form. This form may be photocopied.

Name & Degree (As to appear on conference information, two degrees only)

CME Credit Tracking (Month of Birth - Day of Birth - First 4 Letters of Your First Name)

Specialty

Organization

Department

Office Address

City _______________ State _______________ Zip _______________

Office Phone _______________ Office Fax _______________

Home Address

City _______________ State _______________ Zip _______________

E-mail Address (Must include e-mail address to receive access to on-line syllabus)

Please check which afternoon session you will be attending:

☐ I will be attending the case based discussion in the afternoon  OR  ☐ Nutritional Management of the Diabetic Bariatric Surgery Patient

☐ OR  ☐ Answers to FAQ’s on Nutrition and Diabetes “Gadgets”

Please check method of payment:

☐ My check for $_______________, payable to Albany Medical College is enclosed.

☐ Please charge my credit card for the amount of $_______________

☐ MasterCard  ☐ Visa  ☐ AMEX  ☐ Discover

Method of Registration: Mail or Fax

Only registrations paid with a credit card will be accepted by fax at (518) 262-5679. This is a secure fax line.

Mail: Office of Continuing Medical Education, Albany Medical College, Diabetes Symposium, Mail Code 1, 47 New Scotland Avenue, Albany, NY 12208-3479

Office Use Only

Check #: _______________ B/P Date Received: _______________ Amount: _______________

C.C. Approval #: _______________ CC: _______________ CL: _______________

Note: _______________
**Course Description**

This program has been developed to provide the practicing clinician with fundamental scientific knowledge that can be translated into practical therapeutic interventions for their patients with diabetes. This year’s Symposium will focus on the complex metabolic nature and diverse treatment challenges of type 2 diabetes.

Informal case-based discussions will be back by popular demand to provide ample opportunity for attendees to participate actively in the symposium and hear expert opinions on complicated treatment decisions. A booklet describing the cases will be provided, and participants are encouraged to bring cases from their own practices.

**Educational Objectives**

At the conclusion of the symposium, participants will be able to:

1. Compare and contrast approaches for therapy intensification in patients with type 2 not achieving glycemic control.
2. Discuss the link between obstructive sleep apnea and metabolic dysfunction.
3. Summarize the role of gut hormones in energy homeostasis and metabolic conditions.

**Target Audience**

This symposium is designed for physicians, nurse practitioners, physician assistants, diabetes educators, nurses, dietitians and pharmacists. It is intended for those in the primary care specialties of internal medicine, family medicine and pediatrics. All interested health care professionals who would benefit from a comprehensive update in the field of diabetes are welcome to attend.

**On-Line Syllabus**

Printed syllabus material will NOT be available at the conference. The syllabus will be available on-line at least 5 days prior and 5 days after the conference. In order to receive access to the syllabus material you must provide your e-mail address on the registration form. You will receive access to the website via e-mail. If you do not receive access information, please call (518) 262-5828.

**Accreditation**

**CME:** Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Albany Medical College designates this educational activity for a maximum of 5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Technical Information**

**CME:** 5 AMA PRA Category 1 Credits™

**American Academy of Family Physicians**

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

**Physician Assistants**

AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

**Nursing Accreditation**

This learning activity is co-provided by the Albany Medical Center Hospital Nursing Continuing Education Provider Unit.

The Albany Medical Center Hospital is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

Nursing Liaison
Julia A. Mason, RN, MS, ANP
Education Specialist
Department of Education and Development
Albany Medical Center
Albany, NY

A maximum of 5 nursing contact hours will be awarded.

**Registered Dietitians**

CEUs have been applied for through the American Dietetic Association.

Please call the Office of CME at (518) 262-5828 to inquire about other types of professional credit.

**Tuition**

Tuition includes conference registration, breaks, lunch, and access to an on-line course syllabus. Pre-paid registration is required, there will be NO on-site registration available.

<table>
<thead>
<tr>
<th></th>
<th>By October 1</th>
<th>After October 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physicians</td>
<td>$135.00</td>
<td>$185.00</td>
</tr>
<tr>
<td>Residents* and</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other Health Professionals</td>
<td>95.00</td>
<td>135.00</td>
</tr>
<tr>
<td>Full Time AMC &amp; Stratton VA</td>
<td>55.00</td>
<td>75.00</td>
</tr>
<tr>
<td>Staff &amp; Students</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Residents must send a letter of residency verification from their program director.

Regretfully, vouchers cannot be accepted.
Refund Policy
Refunds prior to October 1 will be subject to a $20.00 administrative fee. Refunds will be processed only when a written request is received by the Office of CME. There will be no refunds after October 1.

Attire
Attire for the conference is neat casual. Since everyone has a different comfort level, we suggest that you bring a sweater or dress in layers.

Need Information?
For further information regarding this conference, please contact the Office of CME by phone at (518) 262-5828, by fax at (518) 262-5679, or by e-mail at pricej@mail.amc.edu.
For emergency calls during the conference, please call the Desmond Hotel and Conference Center at (518) 869-8100.
Visit the Albany Medical Center web site at www.amc.edu

Special Needs
Should you have a disability please call the Office of CME by October 1 to discuss your needs.

Overnight Rooms
A block of overnight rooms has been reserved at the Desmond Hotel and Conference Center for the evening of October 19. The rate for a standard room is $154.00 Queen or King. These rates are per night and do not include tax. Please call (518) 869-8100 by October 1, to make your reservation. Please indicate that you are registered for Albany Medical College's Goodman Diabetes Symposium and the reservation ID #11N84Q to secure the group rate. After October 1 the block of rooms will be released and the above rate is not guaranteed. Check-in is 4:00 pm: Checkout is 12:00 Noon.

Directions
From the North: Take I-87 South to Exit 4. Take a left at the light onto Route 155. Take a right at the light onto Albany Shaker Road. The hotel is on the left.
From South of Albany: Take I-87 North to Exit 4. Take a left at the end of the exit ramp onto Wolf Road and then turn left at the light onto Albany Shaker Road. The hotel is on the left.

Acknowledgments
A complete list of contributors will be provided at the conference.

Confirmation
Registrations will be confirmed via e-mail. Should you register and not receive a confirmation notice at least two weeks prior to the conference, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure you are registered for this course.

A. David Goodman, MD
Dr. Goodman is a mentor and friend to many physicians who have trained at Albany Medical College since he first joined the staff at AMC in 1964. His distinguished career began when he graduated Magna Cum Laude from Harvard College and received his doctor of medicine degree from Harvard Medical School in 1956. His postdoctoral training included an internship at the Peter Bent Brigham Hospital followed by work in the Endocrinology Branch of the National Cancer Institute from 1957-1959 in the laboratory of Dr. Roy Hertz. He completed research fellowships in the Renal-Metabolic Division at University Hospital in Boston with Dr. Arnold S. Relman and in the Endocrine-Metabolic Unit at the Peter Bent Brigham Hospital and the Joslin Diabetes Center with Dr. George Cahill, Jr.

Dr. Goodman assumed the position of Head of the Division of Endocrinology when he joined the Albany Medical College faculty in 1964. He held that position for 30 years, and during that time was voted "Outstanding Clinical Teacher of the Year" by the AMC student body in 1965, 1971 and 1973 and "Favorite Attending Physician" by the medical house staff in 1980 and 1993.

Albany Medical Center is honored to dedicate this annual diabetes symposium to Dr. Goodman, an outstanding clinician, teacher and mentor.

Do You Have Specific Questions or A Case to Discuss with Our Faculty?
If there are specific questions or a specific case you would like to have discussed, please list them on an additional sheet of paper and enclose them with your registration form. The faculty will do their best to respond to your questions at the conference.
AGENDA AND FACULTY

AGENDA

Wednesday, October 20

8:00 – 8:30 a.m.  Registration, Continental Breakfast, and Exhibits

8:30 – 8:40  Opening Remarks
Matthew C. Leinung, MD

8:40 – 9:40  Gut Hormones
Adrian Vella, MD

9:40 – 10:20  Bariatric Surgery
T. Paul Singh, MD

10:20 - 10:40  Questions and Answers
Moderated by Matthew C. Leinung, MD

10:40 – 11:00  Break & Exhibits

11:00 – 12:00  Obstructive Sleep Apnea and Insulin Resistance
Hung Nguyen, MD
Moderated by Daniel W. Lee, MD, FACP

12:00 – 1:15  Lunch & Exhibits

1:15 – 2:15  Insulin Pump Therapy in Type 2 Diabetes
Steven Wittlin, MD
Moderated by Mary K. Luidens, MD

2:15 – 2:30  Break & Exhibits

2:30 – 3:30  Concurrent Sessions

Breakout Session 1
Case Based Discussions
Moderated by Jessie Block-Galarza, MD
Sara N. Clark, MD and
Shannon Comley-Sood, DO

Breakout Session 2
Case Based Discussions
Moderated by Daniel W. Lee, MD, FACP
Matthew C. Leinung, MD and
Mary K. Luidens, MD

Breakout Session 3
Nutritional Management of the Diabetic Bariatric Surgery Patient
Kathleen Callahan, RD, CDE

Breakout Session 4
Answers to FAQs on Nutrition and Diabetes “Gadgets”
Teri Hutson-Mulligan, RD, CDE and
Elizabeth Nardacci, MS, FNP-C, BC-ADM

3:30  Adjourn

COURSE DIRECTORS

Matthew C. Leinung, MD, FACE
Associate Professor of Medicine
Head, Division of Endocrinology & Metabolism
Department of Medicine
Albany Medical College
Albany, New York

Kathryn Godley, MS, RN, CDE
Diabetes Nurse Clinician
Division of Endocrinology & Metabolism

GUEST FACULTY

Adrian Vella, MD
Associate Professor of Medicine
Department of Endocrinology
Mayo Clinic
Rochester, MN

Steven David Wittlin, MD
Associate Professor of Medicine
Clinical Director, Endocrinology
University of Rochester Medical School
Rochester, NY

ALBANY MEDICAL COLLEGE FACULTY

Kathleen Callahan, RD, CDE
Department of General Surgery
Bariatics and Nutrition

Teri Hutson-Mulligan, RD, CDE
Division of Endocrinology & Metabolism

Elizabeth Nardacci, MS, FNP-C, BC-ADM
Assistant Clinical Professor
Division of Endocrinology & Metabolism

Hung Nguyen, MD
Assistant Professor of Medicine
Department of Pulmonary and Critical Care Medicine

T. Paul Singh, MD
Associate Professor of Surgery
Director of Minimally Invasive Surgery Center for Training and Education
Co-Director Bariatric Surgery Center

Albany Medical College
Division of Endocrinology & Metabolism Moderators

Jessie Block-Galarza, MD
Assistant Professor of Medicine

Sara N. Clark, MD
Assistant Professor of Medicine

Shannon Comley-Sood, DO
Assistant Professor of Medicine

Daniel W. Lee, MD, FACP
Associate Professor of Medicine
Associate Director, Internal Medicine Clerkship

Mary K. Luidens, MD
Assistant Professor of Medicine
REGISTER EARLY TO SECURE A SPOT
AT THIS POPULAR CONFERENCE!

We use multiple mailing lists for our conferences.
If you receive more than one brochure, kindly pass it on to a colleague.

Wednesday, October 20, 2010
The Desmond Hotel and Conference Center
660 Albany Shaker Road, Albany, New York 12211

Sponsored by Albany Medical College's Department of Medicine, Goodman Diabetes Service and the Office of Continuing Medical Education, and the Albany Medical Center Nursing Continuing Education Provider Unit.