The 12th Annual Goodman Diabetes Symposium

Wednesday, October 26, 2011
The Albany Marriott Hotel
189 Wolf Road, Albany, New York 12205

Sponsored by Albany Medical College’s Department of Medicine, Goodman Diabetes Service and the Office of Continuing Medical Education, and the Albany Medical Center Nursing Continuing Education Provider Unit.
# 12th Annual Goodman Diabetes Symposium

**Wednesday, October 26, 2011**

The Albany Marriott Hotel

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**Conference Registration Form**

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**Please type or print clearly and register one person per form. This form may be photocopied.**

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**Please check which afternoon session you plan to attend:**

- [ ] Case-Based Discussion  
- [ ] Update on Medications  
- [ ] Type 2 Diabetes in Adolescents  
- [ ] Hands on Technology Session for Prescribers *(limited capacity)*  
- [ ] Hands on Technology Session for Non-Prescribers *(limited capacity)*

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**Please check method of payment:**

- [ ] My check for $________________, payable to Albany Medical College is enclosed.  
- [ ] Please charge my credit card for the amount of $_____________  

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**Method of Registration: Mail or Fax**

- Only registrations paid with a credit card will be accepted by fax at (518) 262-5679. This is a secure fax line.

**Mail:** Office of Continuing Medical Education, Albany Medical College, Diabetes Symposium, Mail Code 1, 47 New Scotland Avenue, Albany, NY 12208-3479

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**Office Use Only**

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| Check #: | B/P Date Received: | Amount: |
| C.C. Approval #: | CC: | CL: |
| Note: | | |
Conference Information

Course Description
This program has been developed to provide the practicing clinician with fundamental scientific knowledge that can be translated into practical therapeutic interventions for their patients with diabetes. This year’s Symposium will review some of the special challenges in caring for those with diabetes: gastrointestinal issues, diabetic neuropathy, latent autoimmune diabetes of adults, and treating diabetes within the context of a poor economy.

This year, we have expanded the offerings of afternoon concurrent sessions, to better meet our participant’s needs to actively participate in the symposium. Informal case-based discussions, themed around the plenary sessions, will help participants translate recommendations into practice. A booklet describing the cases will be provided, and participants are encouraged to bring cases from their own practices. Two small group, hands-on technology sessions will be offered, as well as an update on medications and discussion of type 2 diabetes in adolescents.

Educational Objectives
At the conclusion of the symposium, participants will be able to:

1. Recognize clinical manifestations of gastrointestinal and neuropathic conditions common in diabetes and identify evolving management strategies.
2. Compare clinical features and characteristics of type 1 diabetes, type 2 diabetes, and latent autoimmune diabetes of adults.
3. Discuss the economic burden of diabetes and its treatment from a societal, health care system, and individual perspective.

Target Audience
This symposium is designed for physicians, nurse practitioners, physician assistants, diabetes educators, nurses, dietitians and pharmacists. It is intended for those in the primary care specialties of internal medicine, family medicine and pediatrics. All interested health care professionals who would benefit from a comprehensive update in the field of diabetes are welcome to attend.

On-Line Syllabus
Printed syllabus material will NOT be available at the conference. The syllabus will be available on-line before and after the conference. In order to receive access to the syllabus material you must provide your e-mail address on the registration form. You will receive access to the website via e-mail. If you do not receive access information, please call (518) 262-5828.

Accreditation
Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Albany Medical College designates this live activity for a maximum of 5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians
Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Physician Assistants
AAPA accepts Category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

Nursing Accreditation
This learning activity is co-provided by the Albany Medical Center Hospital Nursing Continuing Education Provider Unit.

The Albany Medical Center Hospital is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation. A maximum of 4.9 contact hours will be awarded.

Nursing Liaison:
Julia A. Mason, RN, MS, ANP
Education Specialist
Department of Education and Development
Albany Medical Center
Albany, NY

Registered Dietitians
CEUs have been applied for through the American Dietetic Association.

Please call the Office of CME at (518) 262-5828 to inquire about other types of professional credit.

Tuition
Tuition includes conference registration, breaks, lunch, and access to an on-line course syllabus. Pre-paid registration is required, there will be NO on-site registration available.

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<td>Physicians</td>
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Refund Policy
Refunds prior to October 1 will be subject to a $20.00 administrative fee. Refunds will be processed only when a written request is received by the Office of CME. There will be no refunds after October 1.

Attire
Attire for the conference is neat casual. Since everyone has a different comfort level, we suggest that you bring a sweater or dress in layers.

Need Information?
For further information regarding this conference, please contact the Office of CME by phone at (518) 262-5828, by fax at (518) 262-5679, or by e-mail at amccme@mail.amc.edu. For emergency calls during the conference, please call the Albany Marriott Hotel at (518) 458-8444.

Visit the Albany Medical Center web site at www.amc.edu

Special Needs
Should you have a disability please call the Office of CME by October 1 to discuss your needs.

Overnight Rooms
A block of overnight rooms has been reserved at the Marriott Hotel for the evening of October 25. The rate for a standard room is $159.00 Queen or King. These rates are per night and do not include tax. Please call (518) 458-8444 by October 1, to make your reservation. Please indicate that you are registered for Albany Medical College’s Goodman Diabetes Symposium to secure the group rate. After October 1 the block of rooms will be released and the above rate is not guaranteed. Check-in is 4:00 pm; Checkout is 12:00 Noon.

Directions
From the North: Take I-87 South to Exit 4. At first light take a left, at next light take a left onto Albany-Shaker Road and at next light take a right onto Wolf Road. Hotel will be on your left.

From South of Albany: Take I-87 North to Exit 4. Take a right at the end of the exit ramp onto Wolf Road. The hotel is on the left.

Acknowledgments
A complete list of contributors will be provided at the conference.

Confirmation
Registrations will be confirmed via e-mail. Should you register and not receive a confirmation notice at least two weeks prior to the conference, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure you are registered for this course.

A. David Goodman, MD
Dr. A. David Goodman, who died on January 12, 2011, was a mentor and friend to many physicians who trained at Albany Medical College.

Dr. Goodman attended Harvard College, from which he graduated Magna Cum Laude in American History and Literature and was elected to Phi Beta Kappa. He received his doctor of medicine degree from Harvard Medical School in 1956 where he was elected to the Alpha Omega Alpha Honor Medical Society. His postdoctoral training included an internship at the Peter Bent Brigham Hospital followed by work in the Endocrinology Branch of the National Cancer Institute from 1957-1959 in the laboratory of Dr. Roy Hertz. He completed research fellowships in the Renal-Metabolic Division at University Hospital in Boston with Dr. Arnold S. Relman and in the Endocrine-Metabolic Unit at the Peter Bent Brigham Hospital and the Joslin Diabetes Center with Dr. George Cahill, Jr.

Dr. Goodman assumed the position of Head of the Division of Endocrinology when he joined the Albany Medical College faculty in 1964. He held that position for 30 years. He was voted “Outstanding Clinical Teacher of the Year” by the AMC student body in 1965, 1971 and 1973 and “Favorite Attending Physician” by the medical house staff in 1980 and 1993. He was the recipient of many other awards, including the Pillars Award of Albany Medical Center.

Dr. Goodman was the author of many research and clinical articles. He was a committed lifelong learner and attended this seminar until recent years. Albany Medical Center is honored to dedicate this annual diabetes symposium to Dr. Goodman, an outstanding clinician, teacher and mentor.

Do you have specific questions or a case to discuss with our faculty?
If there are specific questions or a case you would like to have discussed, please include it on an additional sheet of paper and enclose it with your registration form. The faculty will do their best to respond to your questions at the conference.
AGENDA

Wednesday, October 26, 2011

8:00 – 8:30 am  Registration, Continental Breakfast, and Exhibits

8:30 – 8:40  Opening Remarks  
Matthew C. Leinung, MD, FACE

8:40 – 9:40  Gastrointestinal Issues in Diabetes  
Brian Lacy, MD, PhD

9:40 – 9:50  A Tribute to A. David Goodman, MD  
Daniel W. Lee, MD, FACP

9:50 – 10:50  Neuropathy in Diabetes: Current and Future Treatment Options  
James Wymer, MD, PhD

10:50 – 11:10  Break & Exhibits

11:10 – 12:10  Latent Autoimmune Diabetes of Adults  
Daniel W. Lee, MD, FACP

12:10 – 1:20  Lunch & Exhibits

1:20 – 2:15  Managing Diabetes in Challenging Economic Times  
Neil S. Skolnik, MD

2:15 – 2:30  Break & Exhibits

2:30 – 3:30  Concurrent Sessions (Choose One)  
1. Case-Based Discussions for Prescribers  
AMC Endocrinology & Guest Faculty

2. Update on Medications  
Shannon Comley-Sood, DO

3. Type 2 Diabetes in Adolescents:  
Daniela Sima, MD  
Linda Riddick, MD

4. Hands On Technology Session for Prescribers  
Elizabeth Nardacci, MS, FNP-C, BC-ADM

5. Hands On Technology Session for Non-Prescribers  
Shannon Thompson, MS, RPA-C

3:30  Adjourn

COURSE DIRECTORS

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Pediatric Endocrinology

James Wymer, MD, PhD  
Associate Professor  
Department of Neurology

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Assistant Professor of Medicine

Mary K. Luidens, MD  
Assistant Professor of Medicine
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