AMBI Alumnus David Lemberg Publishes New Book

AMBI alum David Lemberg, MS, DC, has published a book entitled *Top Ten Tips for Writing Your Living Will*, which is available on Kindle.

This book is a motivational how-to resource for all adults. A step-by-step approach guides readers through the process of designing and creating a living will/advance directive. Each chapter concludes with supportive recommendations for personal reflection and specific action steps to move readers forward in their process of getting the job done and creating a living will that works.

Congratulations Dr. Lemberg!