First Year

Introduction Month
(Intern Boot Camp)

The first rotation (4 weeks) is spent in the Department. Didactic lectures on basic topics of obstetrics and gynecology are presented daily. The R1 also is given a course in fetal heart monitoring and neonatal resuscitation each of which culminate in a national certificate. The CREOG Surgical Course and a basic laparoscopy course will be completed. The remainder of the time will be spent at Albany Medical Center (one week on obstetrics and one week on gynecology), one week at St. Peter’s Hospital, and the final week is spent in introduction to ultrasound, the high risk service, and the continuity clinic.

General Considerations

Via lectures, informal discussions and by example the R1 is introduced to dealing with the health care system and learn how to deal with the stresses new to their transition from student to practicing physician.

Ambulatory Health Care

The R1 spends ½ day per week at the Women’s Health Center of Albany Med learning prenatal care and basic gynecology. The R1 also covers the Emergency Department learning to treat common emergencies on an ambulatory basis for gynecology. The R1 is also the primary resident in Triage on Labor and Delivery where a significant amount of ambulatory care is given to obstetrical patients.

Obstetrics (Albany Medical Center, St. Peter’s Hospital)

The major task of the R1 in obstetrics is to master normal prenatal, intrapartum and postpartum care. Experience in prenatal care is obtained in the Continuity Clinic. Assignment to Labor and Delivery centers on normal deliveries. The R1 is introduced to caring for obstetrical complications while assisting more senior residents. Less complicated cesarean sections are done with the attending. The resident spends two weeks on an ultrasound rotation to learn the basics of obstetrical and gynecologic ultrasound.

Gynecology (Albany Medical Center, St. Peter’s Hospital)
In addition to primary coverage as the consultant in the Emergency Department, the R1 assists senior residents in caring for inpatients and surgical patients. The R1 performs simpler procedures and assists at more complicated operations. Types of operations include tubal ligation (post-partum and laparoscopy), diagnostic laparoscopies, hysteroscopies, D&Cs, etc.

**Ultrasound**

The R1 spends a four week rotation in which s/he performs a large volume of ultrasound procedures in obstetrics and gynecology. The R1 becomes proficient in basic skills such as dating of the pregnancy, presentation, location of placenta, biophysical profile, basic gynecologic findings, etc.

**Surgical Intensive Care Unit**

The R1 spends a month in the SICU where she helps care for critically ill surgical patients. The R1 will attend the lecture course in presented by the intensive care unit faculty.

**Emergency Room**

The R1 cares for a wide variety of primary care, urgent, and emergent problems in a busy general emergency room for one month.

**Medicine**

The R1 spends two months on the general internal medicine service caring for a large variety of hospitalized patients.