Course Description

This program has been developed to provide the clinician with fundamental scientific knowledge that can be translated into practical therapeutic interventions for their patients with diabetes. The theory that the risk of developing chronic complications of diabetes may be correlated with glycemic variability and not just the average blood glucose will be addressed. The common, but often subclinical, urological changes associated with diabetes and new insights into the pathophysiology of Type 2 diabetes will also be discussed.

Scientifically-obtained knowledge and discoveries impact the practice of medicine for practitioners in the 21st century, but these may pale in comparison to the discovery of insulin. This poignant tale will be conveyed at this year’s Symposium from an historical perspective.

Informal case-based discussions will be back by popular demand to provide ample opportunity for attendees to participate actively in the symposium. A booklet describing the cases will be provided, and participants are encouraged to bring cases from their own practices.

Educational Outcomes

At the conclusion of the symposium, the participants will be able to:
1. Describe the role of glycemic variability in the risk of developing complications of diabetes.
2. Describe simple office evaluations that may be used to screen for early urologic complications of diabetes.
3. Identify metabolic factors that may play a role in the development of insulin resistance.

Target Audience

This symposium is designed for physicians, nurse practitioners, physician assistants, diabetes educators, nurses, dietitians and pharmacists. It is intended for those in the primary care specialties of internal medicine, family medicine and pediatrics. All interested health care professionals who would benefit from a comprehensive update in the field of diabetes are welcome to attend.

Accreditation

CME: Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Albany Medical College designates this educational activity for a maximum of 5 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

American Academy of Family Physicians: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

PA’s: AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

Registered Dietitians: CEUs have been applied for through the American Dietetic Association.

Nursing Accreditation: Nurse Practitioners and Nurses

This learning activity is co-provided by Center of Learning and Development of Albany Medical Center Hospital Nursing Continuing Education Provider Unit.

The Albany Medical Center Hospital is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center’s Commission on Accreditation.

A maximum of 4.3 nursing contact hours will be awarded.

Nursing Liaison:
Julia A. Mason, MS, RN, ANP
Education Specialist
Center For Learning and Development at Albany Medical Center

Please call the Office of CME at (518) 262-5828 to inquire about other types of professional credit.

Need Information?

For further information regarding this conference, please contact the Office of CME by phone at (518) 262-5828, by fax at (518) 262-5679, or by E-mail at amccme@mail.amc.edu.

For emergency calls during the conference, please call the Desmond Hotel and Conference Center at (518) 869-8100.

Visit the Albany Medical Center web site at www.amc.edu

Special Needs

Should you have a disability please call the Office of CME by April 1 to discuss your needs.
Register early to secure a spot at this popular conference!

We use multiple mailing lists for our conferences. If you receive more than one brochure, kindly pass it on to a colleague.

Sponsored by Albany Medical College’s Department of Medicine, Goodman Diabetes Service and the Office of Continuing Medical Education. Provided by The Center for Learning and Development of Albany Medical Center Hospital Nursing Continuing Education Provider Unit.
The 8th Annual

Goodman Diabetes Symposium

Friday, April 27, 2007

The Desmond Hotel and Conference Center • Albany, New York

Sponsored by Albany Medical College’s Department of Medicine,
Goodman Diabetes Service and the Office of Continuing Medical Education.
Provided by The Center for Learning and Development of Albany Medical Center
Hospital Nursing Continuing Education Provider Unit.
Tuition
Tuition includes conference registration, breaks, lunch, a course syllabus. **Pre-paid registration is required, there will be NO on-site registration available.**

<table>
<thead>
<tr>
<th></th>
<th>By April 1</th>
<th>After April 1</th>
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</thead>
<tbody>
<tr>
<td>Physicians</td>
<td>$110</td>
<td>$155</td>
</tr>
<tr>
<td>Residents* and Other Health Professionals</td>
<td>$85</td>
<td>$125</td>
</tr>
<tr>
<td><strong>Full Time AMC &amp; Stratton VA</strong></td>
<td><strong>Staff &amp; Students</strong></td>
<td><strong>$35</strong></td>
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</tbody>
</table>

*Residents must send a letter of residency verification from their program director.

Tuition will be waived for any participant who submits a case for publication in the case-based discussion booklet. Deadline for submission is April 1, 2007.

Regretfully, vouchers cannot be accepted.

**Refund Policy**
Refunds prior to April 15 will be subject to a $20.00 administrative fee. Refunds will be processed only when a written request is received by the Office of CME. There will be no refunds after April 15.

**Confirmation**
Registrations will be confirmed by mail or e-mail. Should you register and not receive a confirmation notice at least two weeks prior to the conference, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure you are registered for this course.

**Method of Registration:**
**Fax:** Only registrations paid with a credit card will be accepted by fax at (518) 262-5679. This is a secure fax line.
**Mail:** Office of Continuing Medical Education, Albany Medical College, Diabetes Symposium, Mail Code 1, 47 New Scotland Avenue, Albany, NY 12208-3479

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**Registration Information**
Please type or print clearly and register one person per form. This form may be photocopied.

**Name & Degree**
(as to appear on conference materials, two degrees only)

**CME Credit Tracking Number**
(month of birth - day of birth - last 4 digits of social security no.)

**Specialty**

**Organization**

**Department**

**Office Address**

**City**  
**State**  
**Zip**

**Office Phone**  
**Office Fax**

**Home Address**

**City**  
**State**  
**Zip**

**E-mail address**

Send confirmation to my:  
☒ Office Address  ☑ Home Address  
☒ Email Address

**Please check which afternoon session you will be attending:**
☒ I will be attending the case based discussion  
☐ I will be attending the patient perspectives discussion

**Please check method of payment:**
☒ My check for $___________, payable to Albany Medical College, is enclosed.  
☐ Please charge my credit card for the amount of $___________.
   ☑ MasterCard  ☑ Visa  ☑ Amex  ☑ Discover

**Card Number**

**Expiration Date**

**Name as it appears on card**

**Signature**

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**Office Use Only**

Check #:  
Amount:  
C.C. Approval #:  
Note:  
Date Received:  
CC  CL
**OVERNIGHT ROOMS**

A block of overnight rooms has been reserved at the Desmond Hotel and Conference Center for the evening of April 26. The rate for a standard room is $139.00 Queen or King. These rates are per night and do not include tax. Please call (518) 869-8100 by **April 1**, to make your reservation. Please indicate that you are registered for Albany Medical College’s Goodman Diabetes Symposium and the reservation ID #1136TI to secure the group rate. After April 1 the block of rooms will be released. Check-in is 4:00 pm: Checkout is 12:00 Noon.

**DIRECTIONS**

*From the North:* Take I-87 South to Exit 4. Take a left at the light onto Route 155. Take a right at the light onto Albany-Shaker Road. The hotel is on the left.

*From South of Albany:* Take I-87 North to Exit 4. Take a left at the light onto Albany-Shaker Road. The hotel is on the left.

**ACKNOWLEDGMENT**

A complete list of contributors will be provided at the conference.

Grateful appreciation is extended to the American Diabetes Association and the Juvenile Diabetes Foundation for their continued support in the fight against diabetes.

**ATTIRE**

Attire for the conference is neat casual. Since everyone has a different comfort level, we suggest that you bring a sweater or dress in layers.

**A. DAVID GOODMAN, MD**

Dr. Goodman is a mentor and friend to many physicians who have trained at Albany Medical College since he first joined the staff at AMC in 1964. His distinguished career began when he graduated Magna Cum Laude from Harvard College and received his doctor of medicine degree from Harvard Medical School in 1956. His postdoctoral training included an internship at the Peter Bent Brigham Hospital followed by work in the Endocrinology Branch of the National Cancer Institute from 1957-1959 in the laboratory of Dr. Roy Hertz. He completed research fellowships in the Renal-Metabolic Division at University Hospital in Boston with Dr. Arnold S. Relman and in the Endocrine-Metabolic Unit at the Peter Bent Brigham Hospital and the Joslin Diabetes Center with Dr. George Cahill, Jr.

Dr. Goodman assumed the position of Head of the Division of Endocrinology when he joined the Albany Medical College faculty in 1964. He held that position for 30 years, and during that time was voted "Outstanding Clinical Teacher of the Year" by the AMC student body in 1965, 1971 and 1973 and "Favorite Attending Physician" by the medical house staff in 1980 and 1993.

Dr. Goodman continues to make his presence felt at AMC since retiring in 1996. Commensurate with his commitment to life long learning, he is often seen attending medical center case conferences, grand rounds and symposia. His commitment to life long learning, he is often seen attending Medical Center case conferences, grand rounds and symposia.

Albany Medical Center is honored to dedicate this annual diabetes teaching day to Dr. Goodman, an outstanding clinician, teacher and mentor.
**AGENDA**

**Friday, April 27, 2007**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>8:00 - 8:30 a.m.</td>
<td>Registration, Continental Breakfast, and Exhibits</td>
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<tr>
<td>8:30 - 8:40</td>
<td>Opening Remarks</td>
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<tr>
<td></td>
<td>James Desemone, MD, FACE</td>
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<td>8:40 - 9:40</td>
<td>Role of Glycemic Variability in Pathophysiology of Diabetic Complications</td>
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<td>Lawrence Blonde, MD, FACP, FACE</td>
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<td>Moderator: Matthew C. Leinung, MD</td>
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<tr>
<td>9:40 - 10:30</td>
<td>Urologic Considerations in Diabetes</td>
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<td>Elise J.B. De, MD</td>
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<td></td>
<td>Moderator: Matthew C. Leinung, MD</td>
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<tr>
<td>10:30 - 11:00</td>
<td>Break &amp; Exhibits</td>
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<tr>
<td>11:00 - 12:00</td>
<td>Understanding the Cause of Type 2 DM: Insights to Therapy</td>
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<td>Sara N. Clark, MD</td>
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<td></td>
<td>Moderator: Daniel W. Lee, MD</td>
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<tr>
<td>12:00 - 1:15</td>
<td>Lunch &amp; Exhibits</td>
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<tr>
<td>1:15 - 2:15</td>
<td>Resurrections in Toronto: The Emergence of Insulin</td>
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<td></td>
<td>Michael Bliss, CM, Ph.D., FRSC</td>
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<td></td>
<td>Moderator: Mary K. Luidens, MD</td>
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<tr>
<td>2:15 - 2:30</td>
<td>Break &amp; Exhibits</td>
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<tr>
<td>2:30 - 3:30</td>
<td>Concurrent Sessions</td>
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<td>Breakout Session 1</td>
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<td>Case Based Discussions</td>
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<td></td>
<td>Moderated by Daniel W. Lee, MD, Matthew C. Leinung, MD, Mary K. Luidens, MD, Jessie Block-Galarza, MD, and Sara N. Clark, MD</td>
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<tr>
<td>Breakout Session 2</td>
<td>100 Years of Wisdom: People with Diabetes Share Perspectives on Diabetes Care and Education</td>
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<td>Moderated by Joanne H. Nanos, MS, EdS</td>
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<tr>
<td>3:30</td>
<td>Adjourn</td>
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</table>

Do You Have Specific Questions or a Case to Discuss with Our Faculty?

If there are specific questions or a specific case you would like to have discussed, please list them on an additional sheet of paper and enclose them with your registration form. The faculty will do their best to respond to your questions at the conference.

**FACULTY**

**Course Director**

James Desemone, MD, FACE  
Associate Professor of Medicine  
Director, Goodman Diabetes Service  
Division of Endocrinology and Metabolism  
Department of Medicine  
Albany Medical College  
Albany, New York

**Guest Faculty**

Michael Bliss, CM, Ph.D., FRSC  
Professor Emeritus  
University of Toronto  
Toronto, ON

Lawrence Blonde, MD, FACP, FACE  
Director, Ochsner Diabetes Clinical Research Unit  
Department of Endocrinology, Diabetes and Metabolic Diseases  
Associate Internal Medicine Residency Program Director  
Ochsner Clinic Foundation  
New Orleans, LA

**Albany Medical College Faculty**

Sara N. Clark, MD  
Assistant Professor of Medicine  
Division of Endocrinology & Metabolism

Elise J.B. De, MD  
Assistant Professor of Urology  
Division of Urology

**Albany Medical College Moderators**

Jessie Block-Galarza, MD  
Assistant Professor of Medicine  
Division of Endocrinology & Metabolism

Daniel W. Lee, MD  
Associate Professor of Medicine  
Associate Program Director, Endocrinology Fellowship Training Program  
Division of Endocrinology & Metabolism

Matthew C. Leinung, MD  
Associate Professor of Medicine  
Head, Division of Endocrinology & Metabolism

Mary K. Luidens, MD  
Assistant Professor of Medicine  
Division of Endocrinology & Metabolism

Joanne H. Nanos, MS, EdS  
Director  
Admissions and Student Records