The Rise of Chronic Disease: A Direct Threat to Patient Care and Cost Effectiveness

Course Director: Loay Salman, MD, MBA
Course Co-Director: Arif Asif, MD, MCHM, FASN, FNKF
Program Committee: Swati Mehta, MD; Krishnakumar Hongalgi, MD; Rafia Chaudhry, MD; Mauricio Prado Monrroy, MD and Elvira Gosmanova, MD

Friday March 23, 2018 • 7:30am - 4:50pm
Hilton Garden Inn - Troy
235 Hoosick Street, Troy, New York 12180

Sponsored by Albany Medical College’s Division of Nephrology and Hypertension and the Office of Continuing Medical Education
Registration Form
The Rise of Chronic Disease • Friday, March 23, 2018
Hilton Garden Inn - Troy
235 Hoosick Street, Troy, NY 12180

Pre-registration is required. Please type or print clearly & register one person per form.

Name & Degree (as to appear on conference information - up to two degrees only):
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CME Credit Tracking: ____________________-__________________-______________________
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E-mail Address (You must provide an e-mail address to gain access to the on-line syllabus):
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Method of Registration: Fax or Mail
Fax: (518) 262-5679
Registrations accepted with credit card payment. Fax registrations without credit card information will not be processed. This is a secure fax line.

Mail:
Return This Form With Payment To:
Albany Medical College
Office of Continuing Medical Education
Chronic Disease Conference
Mail Code 1, J408
47 New Scotland Avenue
Albany, NY 12208-3479

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Course Description
The Rise of Chronic Kidney Disease: a Direct Threat to Patient Care and Cost Effectiveness is a multispecialty conference designed to address the growing epidemic of chronic kidney disease, hypertension, obesity, metabolic syndrome and associated cardiac and endocrine comorbidities. This conference will provide a platform for updates for primary care providers, from a diverse panel of outstanding faculty, on managing patients with common chronic renal, cardiac, pulmonary and endocrine disorders. This conference is geared to address questions that arise routinely in the management of the growing population of patients with multiple chronic comorbidities. The content and discussions in this conference will be instrumental in the everyday practice of medicine in the primary care setting.

The conference will highlight the latest hypertension updates, and address the outpatient management of resistant hypertension and complex cases. Cardiology experts will focus discussions on key practical aspects of cardiovascular comorbidities including coronary artery disease, heart failure, and approach to hyperkalemia management in an outpatient setting. Leading pulmonary medicine faculty will provide guidance in the management of Chronic Obstructive Pulmonary Disease. A focused review in endocrinology will incorporate diabetes and address the obesity epidemic, and metabolic syndrome. Complex mechanisms will be broken down into simple concepts during concise and focused lectures. Point counterpoint presentations will emphasize important elements and management strategies. Meet and ask the professors will enable attendees to interact one-on-one with outstanding speakers and leading experts in medicine.

Target Audience
This course is designed for Internists, Family Medicine, Hospitalists, General Medicine, Pediatrics, Nephrologists, Cardiologists, Endocrinologists, Pharmacists, Nurses, Nurse, Practitioners, Physicians Assistants and Dieticians. Interested allied health providers are welcome to attend.

Objectives
Upon completion of the course, the participant should be able to:
• Understand the chronic disease burden and the impact on healthcare
• Review hypertension goals, management and mechanisms
• Understand the management of resistant hypertension and approach to complex cases
• Discuss updates on medical management of Coronary Artery Disease and Heart Failure in the outpatient setting
• Address hyperkalemia as a common complication among patients with cardiovascular disease and chronic kidney disease, and review the approach to management of hyperkalemia in the outpatient setting
• Describe the management of diabetes
• Discuss strategies to deal with the obesity epidemic and metabolic syndrome

Accreditation
Physician: The Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Albany Medical College designates this Live activity for a maximum of 7 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistant: AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

Nursing
Contact hours are provided by: Kendra Schreiner, RN 20685 SW Deline Aloha, OR 97078 Phone: (503) 467-6661
As an independent provider approved by the CA Board of Registered Nursing, Provider #15828, this program is approved for 7 contact hours.
Tuition

Registration by March 1, 2018:
Physicians $200
Others $150
Residents and AMC Employees $50
AMC Students $25

After March 1, 2018:
Physicians $300
Others $250
Residents and AMC Employees $100
AMC Students $100

Tuition includes course registration, access to the on-line syllabus material if available, a continental breakfast and boxed lunch on Friday.

Refunds are possible if notification is received in writing by March 1, 2018.

Confirmation
All registrants will receive a confirmation. If you register and do not receive a confirmation notice within one week of your registration, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure we have received your information.

On-Line Syllabus
Printed syllabus material will NOT be available at the conference. If syllabus material is available, it will be available on-line prior to and after the conference. In order to receive access to the syllabus material you must provide your e-mail address on the registration form. You will receive access information via e-mail. If you do not receive access information please call (518) 262-5828.

Overnight Rooms
A block of overnight rooms has been reserved at the Hilton Garden Inn - Troy for the evening of March 22. The rate for a standard room is $129 Queen or King. These rates are per night and do not include tax. Please call (877) STAY-HGI or go on-line at troy.HGI.com. Please use the group code AMC3. After March 1 the rooms will be released and the above rate is not guaranteed. Check-in is 4:00pm, checkout is 12:00 noon.

Directions
From The North:
Take the Adirondack Northway/NY Route 87, South, to Exit 7/Route 7, east towards Troy/Cohoes. Follow Route 7 over Route 787, about 5 miles. At the bottom of the bridge, go straight through the light and proceed up the hill on Hoosick Street. The Hilton Garden Inn - Troy will be three quarters of a mile up the hill on the left hand side.

From The South:
Take the New York State Thruway/I-87 North towards Albany. Merge onto I-787 North, via Exit 23 towards Downtown Albany/Rensselaer/Troy, for about 9 miles. Merge onto NY 7 via Exit 9E towards Troy/Bennington. Go East, up the hill, on Hoosick Street, at the light at the bottom of the bridge. The Hilton Garden Inn - Troy will be three quarters of a mile up the hill, on the left hand side.

Need Information?
For further information regarding this conference, contact the Office of Continuing Medical Education by phone @ (518) 262-5828, by fax @ (518) 262-5679 or e-mail at pricej@mail.amc.edu. For emergency calls during the conference, please call the Hilton Garden Inn - Troy at (518) 272-1700.

Be sure to visit the Albany Medical Center website @ www.amc.edu.

Special Needs
Should you have disabilities, dietary restrictions or other requirements, please contact the Office of Continuing Medical Education at (518) 262-5828 by March 1 to discuss your needs.

Attire
Because everyone has a different comfort level we suggest you dress in layers or bring a sweater.

Acknowledgement
A complete list of supporters will be available at the conference.

Do You Have Specific Questions?
If you have questions regarding any of the scheduled topics, write them on a separate sheet of paper and enclose with the registration form. Our faculty will do their best to include the information in their talk.
Agenda

7:30-8:00am  Registration, Exhibits and Continental Breakfast

**Moderator: Loay Salman, MD, MBA**

8:00-8:10  Welcome and Opening Remarks - Richard Blinkhorn, Jr., MD, FACP

8:10-8:30  Chronic Diseases and Their Impact on Healthcare Costs - Loay Salman, MD, MBA

8:30-8:50  Hypertension - Arif Asif, MD, MHCM

8:50-9:10  Hypertension Management Updates - Mauricio Monrroy, MD

9:10-9:20 Questions and Answers

**Moderator: Mauricio Monrroy, MD**

9:20-9:40  COPD Management for the PCP - Marc Judson, MD

9:40-10:00  Resistant Hypertension - Krishnakumar Hongalgi, MD

10:00-10:20  Hypertension: How Do I Manage the Complex Patient - Rafia Chaudhry, MD

10:20-10:30 Questions and Answers

10:30-10:50 Break

**Moderator: Krishnakumar Hongalgi, MD**

10:50-11:10  Coronary Artery Disease: An Update on Medical Management - Sulagna Mookherjee, MD

11:10-11:30  Heart Failure: Outpatient Management - Dmitri Belov, MD

11:30-11:50  Hyperkalemia: A Common Complication of Chronic Diseases - Outpatient Management - Loay Salman, MD

11:50-12:00pm Questions and Answers

12:00-1:00 Lunch

**Moderator: Elvira Gosmanova, MD**

1:00-1:20  Diabetes: Management Updates for the PCP - Sara Clark, MD

1:20-1:40  Obesity: How Can We Deal with the Epidemic - Jennifer Lindstrom, MD

1:40-2:00  Metabolic Syndrome - James Desemone, MD

2:00-2:10  Awards - Loay Salman, MD

2:10-2:20 Questions and Answers

2:20-2:40 Break

**Moderator: Arif Asif, MD, MHCM**

2:40-3:00  Chronic Kidney Disease Management by the PCP - Elvira Gosmanova, MD

3:00-3:20  CAD and CKD: A New Threat to Patient Care - Mandeep Singh Sidhu, MD, MBA

3:20-3:40  Diabetic Kidney Disease: An Opportunity to Minimize End Stage Renal Disease - Swati Mehta, MD

3:40-4:10  Preventive Medicine: A Potential Avenue to Combat Chronic Diseases - Jennifer Lindstrom, MD

4:10-4:30  Diabetes Mellitus: How Do I Manage It In CKD and ESRD Patients? - Aidar Gosmanov, MD, PhD

4:30-4:50 Questions and Answers

4:50pm Adjourn
Course Director
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Chief, Division of Nephrology and Hypertension
Albany Medical College
Albany, NY

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Co-Regional Leader, ISCHEMIA and ISCHEMIA CKD Trials
Associate Professor of Medicine
Division of Cardiology
Assistant Dean for Medical Education and Student Research
Adjunct Professor of Health Care Management
Clarkson University
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