

*Sponsored by Albany Medical College's Department of Medicine,  
Goodman Diabetes Service and the Office of Continuing Medical Education*

The Desmond Hotel and Conference Center  
660 Albany Shaker Road • Albany, New York 12211

Thursday, April 23, 2009



*GOODMAN* *DIABETES* *SYMPOSIUM*  
*The 10th Annual*

ALBANY MEDICAL COLLEGE

Register early to secure a spot at this popular conference!  
We use multiple mailing lists for our conferences. If you receive  
more than one brochure, kindly pass it on to a colleague.

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Office of Continuing Medical Education  
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Albany, New York 12208-3479  
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ALBANY MEDICAL COLLEGE

*proudly presents*



*The 10th Annual*

# GOODMAN DIABETES SYMPOSIUM



Thursday, April 23, 2009

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660 Albany Shaker Road • Albany, New York 12211

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## COURSE DESCRIPTION

This program has been developed to provide the practicing clinician with fundamental scientific knowledge that can be translated in to practical therapeutic interventions for their patients with diabetes. This year's symposium will review the latest research and clinical recommendations for glycemic control of inpatients. This will be followed by a discussion of issues in the transition of patients from hospital to home.

Informal case-based discussions will be back by popular demand to provide ample opportunity for attendees to participate actively in the symposium. A booklet describing the cases will be provided, and participants are encouraged to bring cases from their own practices.

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## EDUCATIONAL OUTCOMES

At the conclusion of the symposium, the participants will be able to:

1. Identify targets of glycemic control for inpatients with hyperglycemia.
2. Understand the methods used in the hospital setting to achieve those glycemic targets.
3. Coordinate the transition from aggressive inpatient diabetes care to the outpatient setting.
4. Discuss new strategies for treating elderly patients with diabetes.
5. Review hormones and neuropeptides involved in regulation of eating patterns and body weight, and develop a treatment pathway to assist in managing food cravings.

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## TARGET AUDIENCE

This symposium is designed for physicians, nurse practitioners, physician assistants, diabetes educators, nurses, dietitians and pharmacists. It is intended for those in the primary care specialties of internal medicine, family medicine and pediatrics. All interested health care professionals who would benefit from a comprehensive update in the field of diabetes are welcome to attend.

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## ON-LINE SYLLABUS

**Printed syllabus material will NOT be available at the conference.** The syllabus will be available on-line at least 5 days prior and 5 days after the conference. In order to receive access to the syllabus material you must provide your e-mail address on the registration form. You will receive access to the website via e-mail. If you do not receive access information please call (518) 262 5828.

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## ACCREDITATION

**CME:** Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Albany Medical College designates this educational activity for a maximum of *5 AMA PRA Category 1 Credits*™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**American Academy of Family Physicians:**

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

**PA's:** AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

**Registered Dietitians:** CEUs have been applied for through the American Dietetic Association.

Please call the Office of CME at (518) 262-5828 to inquire about other types of professional credit.

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## NEED INFORMATION?

For further information regarding this conference, please contact the Office of CME by phone at (518) 262-5828, by fax at (518) 262-5679, or by e-mail at [amccme@mail.amc.edu](mailto:amccme@mail.amc.edu). **For emergency calls during the conference**, please call the Desmond Hotel and Conference Center at (518) 869-8100.

Visit the Albany Medical Center web site at [www.amc.edu](http://www.amc.edu)

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## SPECIAL NEEDS

Should you have a disability or special needs please call the Office of CME by April 1 to discuss your needs.

# CONFERENCE REGISTRATION FORM

## THE 10TH ANNUAL GOODMAN DIABETES SYMPOSIUM

THURSDAY, APRIL 23, 2009

The Desmond Hotel and Conference Center

### TUITION

Tuition includes conference registration, breaks, lunch, and access to an on-line course syllabus. **Pre-paid registration is required, there will be NO on-site registration available.**

	<i>By April 1</i>	<i>After April 1</i>
Physicians	\$125	\$175
Residents* and Other Health Professionals	\$85	\$125
<b>Full Time</b> AMC & Stratton VA Staff & Students	\$35	\$50

\*Residents must send a letter of residency verification from their program director.

Regretfully, vouchers cannot be accepted.

### Refund Policy

Refunds prior to April 15 will be subject to a \$20.00 administrative fee. Refunds will be processed only when a written request is received by the Office of CME. There will be no refunds after April 15.

### Confirmation

Registrations will be confirmed via e-mail. Should you register and not receive a confirmation notice at least two weeks prior to the conference, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure you are registered for this course.

### METHOD OF REGISTRATION:

**Fax:** Only registrations paid with a credit card will be accepted by fax at (518) 262-5679. This is a secure fax line.

**Mail:** Office of Continuing Medical Education, Albany Medical College, Diabetes Symposium, Mail Code 1, 47 New Scotland Avenue, Albany, NY 12208-3479

### REGISTRATION INFORMATION

*Please type or print clearly and register one person per form. This form may be photocopied.*

Name & Degree  
(as to appear on conference materials, two degrees only)

CME Tracking Number  
(month of birth - day of birth - last 4 Characters of First Name)

Specialty

Organization

Department

Office Address

City State Zip

Office Phone Office Fax

Home Address

City State Zip

E-mail address  
(*Must include e-mail address to receive access to on-line syllabus*)

**Please check which afternoon session you will be attending:**

- I will be attending the case based discussion in the afternoon  
*or*  
 Eating Disorders and Diabetes

**Please check method of payment:**

- My check for \$\_\_\_\_\_, payable to Albany Medical College, is enclosed.

- Please charge my credit card for the amount of \$\_\_\_\_\_.  
 MasterCard    Visa    Amex    Discover

Card Number

Expiration Date

Name as it appears on card

Signature

### OFFICE USE ONLY

Check #: \_\_\_\_\_ B / P      C.C. Approval #: \_\_\_\_\_      Date Received: \_\_\_\_\_

Amount: \_\_\_\_\_      Note: \_\_\_\_\_      CC CL

*Please Post this flyer*

*The 3rd Annual*  
*GOODMAN DIABETES*  
*HEALTH FAIR*

*Join us on May 2, 2009*

*Register early to secure a  
spot at this popular conference!*

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## OVERNIGHT ROOMS

A block of overnight rooms has been reserved at the Desmond Hotel and Conference Center for the evening of April 22. The rate for a standard room is \$145.00 Queen or King. These rates are per night and do not include tax. Please call (518) 869-8100 by **April 1**, to make your reservation. Please indicate that you are registered for Albany Medical College's Goodman Diabetes Symposium and the reservation ID #11H2SF to secure the group rate. After April 1 the block of rooms will be released and the above rate is not guaranteed. Check-in is 4:00 pm: Checkout is 12:00 Noon.

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## DIRECTIONS

**From the North:** Take I-87 South to Exit 4. Take a left at the light onto Route 155. Take a right at the light onto Albany-Shaker Road. The hotel is on the left.

**From South of Albany:** Take I-87 North to Exit 4. Take a left at the end of the exit ramp on to Wolf Road and then turn left at the light onto Albany-Shaker Road. The hotel is on the left.

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## ACKNOWLEDGMENT

We would like to extend our sincere appreciation to the following companies for providing educational grants in support of this program: Lilly USA, LLC and Merck & Co., Inc.

A complete list of contributors will be provided at the conference.

Grateful appreciation is extended to the American Diabetes Association and the Juvenile Diabetes Foundation for their continued support in the fight against diabetes.

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## ATTIRE

Attire for the conference is neat casual. Since everyone has a different comfort level, we suggest that you bring a sweater or dress in layers.

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## A. DAVID GOODMAN, MD



Dr. Goodman is a mentor and friend to many physicians who have trained at Albany Medical College since he first joined the staff at AMC in 1964. His distinguished career began when he graduated Magna Cum Laude from Harvard College and received his doctor of medicine

degree from Harvard Medical School in 1956. His postdoctoral training included an internship at the Peter Bent Brigham Hospital followed by work in the Endocrinology Branch of the National Cancer Institute from 1957-1959 in the laboratory of Dr. Roy Hertz. He completed research fellowships in the Renal-Metabolic Division at University Hospital in Boston with Dr. Arnold S. Relman and in the Endocrine-Metabolic Unit at the Peter Bent Brigham Hospital and the Joslin Diabetes Center with Dr. George Cahill, Jr.

Dr. Goodman assumed the position of Head of the Division of Endocrinology when he joined the Albany Medical College faculty in 1964. He held that position for 30 years, and during that time was voted "Outstanding Clinical Teacher of the Year" by the AMC student body in 1965, 1971 and 1973 and "Favorite Attending Physician" by the medical house staff in 1980 and 1993.

Albany Medical Center is honored to dedicate this annual diabetes teaching day to Dr. Goodman, an outstanding clinician, teacher and mentor.

# AGENDA AND FACULTY

## AGENDA

**Thursday, April 23, 2009**

- 8:00 – 8:30 a.m. Registration, Continental Breakfast, and Exhibits
- 8:30 – 8:40 Opening Remarks  
*Matthew C. Leinung, MD*
- 8:40 – 9:40 Treatment of Hyperglycemia in Hospitalized Patients: Are Current Blood Glucose Guidelines Justified?  
*John M. Miles, MD*  
*Moderated by Matthew C. Leinung, MD*
- 9:40 – 10:40 Hospital to Home: Care of Patients with Diabetes after Hospital Discharge.  
*Steven B. Magill, MD, PhD*  
*Moderated by Matthew C. Leinung, MD*
- 10:40 – 11:00 Break & Exhibits
- 11:00 – 12:00 Novel Strategy to Manage Diabetes in Older Adults  
*Medha Munshi, MD*  
*Moderated by James Desemone, MD*
- 12:00 – 1:15 Lunch & Exhibits
- 1:15 – 2:15 What's Eating You? Food, Mood and Weight Reduction  
*Sharon Alger-Mayer, MD*  
*Moderated by Sara N. Clark, MD*
- 2:15 – 2:30 Break & Exhibits
- 2:30 – 3:30 Concurrent Sessions  
**Breakout Session 1**  
Case Based Discussions  
*Moderated by Jessie Block-Galarza, MD*  
*Shannon Comley-Sood, DO,*  
*Daniel Lee, MD and Mary Luidens, MD*
- Breakout Session 2**  
Eating Disorders and Diabetes  
*Ann E. Goebel-Fabbri, PhD*  
*Moderated by Teri Hutson-Mulligan, RD, CDE*
- 3:30 Adjourn

### **Do You Have Specific Questions or a Case to Discuss with Our Faculty?**

If there are specific questions or a specific case you would like to have discussed, please list them on an additional sheet of paper and enclose them with your registration form. The faculty will do their best to respond to your questions at the conference.

## FACULTY

### **Course Director**

**Matthew C. Leinung, MD, FACE**  
*Associate Professor of Medicine*  
Head, Division of Endocrinology & Metabolism  
Department of Medicine  
Albany Medical College  
Albany, New York

### **Guest Faculty**

**Ann E. Goebel-Fabbri, PhD**  
*Psychologist*  
Joslin Diabetes Center  
Instructor in Psychiatry  
Harvard Medical School  
Boston, MA

**Steven B. Magill, MD, PhD**  
*Associate Professor of Medicine*  
Medical College of Wisconsin  
Endocrinology Center at North Hills  
Menomonee Falls, WI

**John M. Miles, MD**  
*Professor of Medicine*  
Division of Endocrinology & Metabolism  
Mayo Clinic  
Rochester, MN

**Medha Munshi, MD**  
*Director of Joslin Geriatric Diabetes Programs*  
*Staff Geriatrician*  
Beth Israel Deaconess Medical Center  
Assistant Professor of Medicine  
Harvard Medical School  
Boston, MA

### **Albany Medical College — Faculty**

**Sharon Alger-Mayer, MD**  
*Associate Professor of Medicine*  
Division of Nutrition  
Medical Director  
Comprehensive Care Center for Eating Disorders of  
Northeastern New York

### **Albany Medical College — Moderators** **Division of Endocrinology & Metabolism** **Department of Medicine**

**Jessie Block-Galarza, MD**  
*Assistant Professor of Medicine*

**Sara N. Clark, MD**  
*Assistant Professor of Medicine*

**Shannon Comley-Sood, DO**  
*Assistant Professor of Medicine*

**James Desemone, MD, FACE**  
*Associate Professor of Medicine*  
*Director, Goodman Diabetes Service*

**Teri Hutson-Mulligan, RD, CDE**

**Daniel W. Lee, MD, FACE**  
*Associate Professor of Medicine*  
*Associate Program Director,*  
*Endocrinology Fellowship Training Program*

**Mary K. Luidens, MD**  
*Assistant Professor of Medicine*

Please Post

*The 3rd Annual*  
**GOODMAN DIABETES HEALTH FAIR**  
For People Who Have Diabetes and Those Who Care About Them

Saturday, May 2, 2009  
8:30 am – 2:00 pm  
Desmond Hotel and Conference Center  
Albany, NY

**Featuring:**

- Educational Sessions on a Variety of Topics
- Opportunities to Talk with Diabetes Experts
- Healthy Buffet Lunch
- Opportunities to Talk with Others Who Have Diabetes
- Exhibits and Hands On Activities
- Door Prizes and Giveaways

Cost: \$10 for the first person registering, \$5 for each additional person registering on the same form, up to 4 people (cash or check only, payable to Albany Medical College, Dept. of Endo). Registration includes lunch, refreshments and admission to all sessions.

If you are registering more than one person, please list all names but only your address & telephone number.

Name: \_\_\_\_\_ Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

Name: \_\_\_\_\_ Name: \_\_\_\_\_

Name: \_\_\_\_\_

Confirmations will not be mailed. For email confirmation, please provide an e-mail address:

\_\_\_\_\_

I am registering \_\_\_\_\_ (number of) people.

Scholarships are available for those in need.

Please call Kathryn at 262-5288 for more information

MAIL TO:  
Diabetes Health Fair  
Albany Medical College  
25 Hackett Blvd., 3rd Floor - MC 141  
Albany, NY 12208