Albany Medical College and
The Urological Institute of Northeastern New York

Current Concepts in
MEN’S HEALTH
2008

Friday, August 8 through Sunday, August 10
2008

The Sagamore Resort • Lake George • Bolton Landing, New York

In collaboration with the Upstate New York Urology Training Programs
Course Directors: Badar M. Mian, MD and Barry A. Kogan, MD
WHO SHOULD ATTEND
This activity is designed for urologists, primary care physicians, physician assistants, nurse practitioners, residents and nurses who are interested in advancing their knowledge about health issues including prostate cancer, benign prostate diseases, erectile dysfunction, incontinence and hormone deficiencies in aging men.

COURSE OBJECTIVES
By the conclusion of this course, the participants should be able to:
• understand the pathophysiology of detrusor over and under activity
• understand the role of home screening for hematuria and early detection of bladder cancer
• initiate systemic therapy at an appropriate time in patients with recurrent prostate cancer
• discuss the treatment options available to men with hormone refractory prostate cancer
• familiarize with the various options of lower GU tract reconstruction
• properly select patients for combination therapy for Lower Urinary Tract Infection
• evaluate the differences amongst various anticholinergic medications
• understand the management failure after therapy for prostate cancer therapy
• understand and be able to implement the new federal rules and regulations regarding practice management

ACCREDITATION
Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Albany Medical College designates this educational activity for a maximum of 14 AMA Category 1 credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

THE SAGAMORE
Located in the Adirondacks on Lake George, The Sagamore offers many pleasures, no matter the season. Lovingly restored and updated, the historic island resort combines all the activities and comforts you desire today, with luxury and service reminiscent of the past. As a guest you can enjoy an indoor pool, an indoor tennis and racquetball court, pro shop, a game room, the beach and the fitness center. Relax and rejuvenate at The Sagamore Spa, which offers a full range of European-style services (fees for some services are required). The Trillium offers fine dining and more casual fare is found in Mister Brown’s Pub.

Should you wish to make personal arrangements for activities in the afternoon, call The Sagamore Resort at 1-800-358-3585. Activities at the Sagamore include golf, spa, hiking, boating, sailing, parasailing, tennis, biking and much more.

AREA ATTRACTIONS
If you feel like venturing outside The Sagamore, the surrounding areas have enough to see and do to satisfy many interests. Recreational activities include biking Gore Mountain, kayaking tours through the Lake George Kayak Company, Lake Cruises, Saratoga Race Track and the Great Escape Theme Park. Cultural attractions include Fort Ticonderoga, Fort William Henry, Lake Placid Winter Olympic Museum, National Museum of Racing & Hall of Fame and National Baseball Hall of Fame. For more information, please contact the concierge at The Sagamore by email: concierge2@thesagmore.com or by phone at (800) 358-3585.

THE HORICON
The Horicon is our 85 foot, triple deck, wooden yacht. She was lowered into the water in 1988 and has been a Lake George favorite ever since. The Horicon is the fourth commercial vessel to bear this name at Lake George. Built almost entirely of mahogany, teak, and yellow pine, this beautiful ship is glass enclosed on the first two decks. The third deck is an open observation deck.
<table>
<thead>
<tr>
<th><strong>FRIDAY, AUGUST 8</strong></th>
<th><strong>SATURDAY, AUGUST 9</strong></th>
<th><strong>SUNDAY, AUGUST 10</strong></th>
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<tbody>
<tr>
<td>7:30 am Registration, Breakfast and Sign-In</td>
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<td>7:55 Introduction</td>
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<td>8:00 Refractory Overactive Bladder Elise De</td>
<td>8:00 Sexual Health is the Portal to Men's Health Ridwan Shabsigh</td>
<td>8:00 HIFU for the Treatment of Prostate Cancer: International Experience Jack Barkin</td>
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<td>8:30 Use of Anticholinergic Therapy in Men Ronald Kaufman</td>
<td>8:40 Peyronie's Disease Mark White</td>
<td>9:15 Panel Discussion and Case Presentations</td>
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<td>9:00 BPH Management: The New Paradigm for the 21st Century Jack Barkin</td>
<td>9:20 Panel Discussion and Case Presentations Break</td>
<td>9:45 Break</td>
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<td>9:30 Panel Discussion and Case Presentations</td>
<td>10:00 Role of Hypogonadism and Testosterone in Men's Health Ridwan Shabsigh</td>
<td>10:00 High-Risk Prostate Cancer: Evolving Definition and Approach to Management Badar Mian</td>
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<td>10:00 Break</td>
<td>10:10 The Association of Prostatitis and Prostate Cancer: Is it Real? Gabriel Haas</td>
<td>10:35 ADT for Advanced Prostate Cancer—Why Does it Fail and What Comes Next? Edward Messing</td>
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<td>10:15 Urologic Management of Male Spinal Cord Injured Patient Kevin Pranikoff</td>
<td>10:45 Screening for Prostate Cancer with PSA and Other Tests Peter Scardino</td>
<td>11:05 Panel Discussion and Case Presentations</td>
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<td>10:45 ABU and MOC, MOL, CSC AND Recert: What Does it all Mean? Barry Kogan</td>
<td>11:15 Panel Discussion and Case Presentations</td>
<td>11:45 Adjourn</td>
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<td>11:15 Urology Manager Performance Review Richard Rutherford</td>
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<td>11:50 Panel Discussion and Case Presentations</td>
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<td>12:20-1:10 Lunch</td>
<td>12:45 Adjourn</td>
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<td>1:10 Update on Management of Small Renal Masses Hugh Fisher</td>
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<td>1:50 Medicare Payment Update Richard Rutherford</td>
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<td>2:30 Panel Discussion and Case Presentations</td>
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<td>3:10 Adjourn</td>
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**Total CME Credit Hours: 14.0**
Conference Information

Faculty

Guest Faculty

Jack Barkin, MD
Assistant Professor of Surgery
University of Toronto

Richard Rutherford, CMPE
Director of Practice Management
American Urological Association

Peter Scardino, MD
Chair, Department of Surgery
Memorial Sloan-Kettering Cancer Center

Ridwan Shabsigh, MD
Professor of Clinical Urology
Columbia University

Upstate New York Faculty

Elise J.B. De, MD
Assistant Professor of Surgery
Albany Medical College
Albany, NY

Hugh A.G. Fisher, MD
Associate Professor of Surgery
Albany Medical College
Albany, NY

Gabriel Haas, MD
Professor of Surgery
SUNY Upstate Medical University
Syracuse, NY

Ronald P. Kaufman, Jr., MD
Associate Professor of Surgery
Albany Medical College
Albany, NY

Barry A. Kogan, MD
Professor and Chairman of Urology
Albany Medical College
Albany, NY

Edward M. Messing, MD
Professor and Chairman of Urology
University of Rochester
Rochester, NY

Badar M. Mian, MD
Associate Professor of Surgery
Albany Medical College
Albany, NY

Kevin Pranikoff, MD
Associate Professor of Surgery
SUNY at Buffalo
Buffalo, NY

Mark D. White, MD
Associate Professor of Surgery
Albany Medical College
Albany, NY
Conference Registration Form

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REGISTRATION INFORMATION
Please type or print clearly and register one person per form.
This form may be photocopied.

Name & Degree (as to appear on conference materials)

CME Credit Tracking Number
(Month of Birth - Day of Birth - Last 4 digits of Social Security No.)

Specialty

Organization

Address

City                                           State             Zip

Phone  Fax

METHOD OF REGISTRATION:
To sign up, please mail or fax this completed form to
The Urological Institute of Northeastern New York.

Please mail your check, payable to Capital Region Medical Research Foundation, at the address below:

Attention: Academic Coordinator
The Urological Institute of Northeastern New York
23 Hackett Boulevard
Albany, NY 12208
Phone: (518) 262-3296
Fax: (518) 262-6050

Registration deadline is July 14, 2007.

REGISTRATION FEE:
The registration fee for this educational activity is:
Until July 7, 2008   After July 7, 2008
Physicians       $425 x __ = $_____  $475 x __ = $_____
PAs and NPs     $250 x __ = $_____  $300 x __ = $_____

Registration fee includes:
• Tuition
• Meeting syllabus
• Daily breakfasts
• Daily refreshment breaks
• Lunch on Friday
• Dinner/Cruise on Saturday

To include companions in the daily breakfasts, lunch on Friday and dinner on Saturday:

Adult/child over 12 . . . . . . . . . . . . . . $160 x ___ = $_______
Children 6–12 . . . . . . . . . . . . . . . . . . . $80 x ___ = $_______

TOTAL . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .  $_______

PAYMENT
☐ My check for $___________, payable to Capital Region Medical Research Foundation, is enclosed.

FOR MORE INFORMATION
Phone: (518) 262-3296
Fax: (518) 262-6050
E-mail: daloiav@mail.amc.edu

REFUNDS
Refunds can be made before July 14, minus a $100 cancellation fee. No refunds after July 14.

HOTEL RESERVATIONS
Hotel reservations must be made by faxing the enclosed reservation form directly to the Sagamore at (518) 743-6211.
We encourage all attendees to make their reservations as soon as possible since August is the most popular month at the Sagamore.

Hotel Reservation cutoff date is July 1, 2008.