Current Topics in

PRIMARY CARE AND NEUROLOGY

Update for the Primary Care Practitioner

SEPTEMBER 18-20, 2015

The Conference Center at Lake Placid
2634 Main Street, Lake Placid, NY 12946

In collaboration with New York Chapter, American College of Physicians

Sponsored by Albany Medical College’s Department of Medicine, Department of Neurology
and the Office of Continuing Medical Education
WHO SHOULD ATTEND
This program has been designed to be of interest to the physician, physician assistant or nurse practitioner whose practice involves the delivery of primary care to the adult and adolescent patient. While generalists are the target audience, sub-specialists who provide primary care will also find the topics useful.

ABOUT THE SYMPOSIUM
This conference focuses on topics of interest to primary care practitioners. The sessions will be concise, up-to-date and clinically relevant. Our intent is to bring practitioners of primary care together in a relaxed setting to review the latest trends in medicine and to share their own experiences and viewpoints in the context of evidence-based discussions.

LEARNING OBJECTIVES
At the conclusion of this conference, participants should:
• Be aware of new advances in multiple sclerosis.
• Recognize personality disorders vs mood disorders.
• Become familiar with advances in management of pain.
• Be cognizant of avoiding medical errors in prescribing analgesia.
• Discuss guidelines for osteoporosis.
• Become familiar vitamin D guidelines.
• Be able to work up and treat atrial fibrillation.
• Discuss deep brain stimulation as a treatment modality.
• Discuss use of Botulin Toxin with regard to pain management.
• Be able to recognize different skin cancers.
• Become familiar with guidelines regarding diagnosing and treating tick borne diseases.
• Discuss end of life issues in relation to Alzheimers.

ACCREDITATION
Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Albany Medical College designates this live activity for a maximum of 11.5AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Physician Assistants: AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

For information regarding other professional credit, contact the Office of Continuing Medical Education.

TUITION
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Tuition includes admission to the symposium, access to an on-line course syllabus and breaks

Tuition Refund Policy: Tuition refunds are possible if notification is received by September 11. After that date no refunds are available. Refunds will be processed upon receipt of a written request.

CONFIRMATION
All registrants will receive a confirmation. If you register and do not receive a confirmation notice within one week of your registrations, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure we have received your information.

Lodging reservation confirmation will be handled by the Golden Arrow.

SPECIAL NEEDS
Should you have a disability, dietary restrictions, or require other special arrangements, please call the Office of CME by September 1 to discuss your needs.

ATTIRE
Attire during the conference sessions is neat casual. Since everyone has a different comfort level, we suggest that you bring a sweater or light jacket.

ON-LINE SYLLABUS
Printed syllabus material will NOT be available at the conference. If syllabus material is available it will be posted on-line before and after the conference. In order to receive access you must provide your e-mail address on the registration form. You will receive access information via e-mail. If you do not receive access information please call (518) 262-5828.
**CONFERENCE REGISTRATION FORM**  
*Current Topics in Primary Care and Neurology*  
**SEPTEMBER 18-20, 2015**

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Only paid registrations can be accepted.

Name & Degree: ____________________________  
(As to appear on conference materials)

CME Credit Tracking: ____________________________

Specialty: ____________________________

Institution/Affiliation: ____________________________

Department: ____________________________

Business Address: ____________________________

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Home Address: ____________________________

City: ____________________________  State: ______  Zip: ______

Home Phone: ____________________________

E-mail Address: ____________________________

(You must provide an e-mail address to gain access to the on-line syllabus)

**Please Indicate Method of Payment:**

- [ ] My check for $_______, payable to Albany Medical College is enclosed.
- [ ] Please charge my credit card for the amount of $_______.

  (For credit card payment, complete information below.)

  - [ ] MasterCard
  - [ ] Visa
  - [ ] American Express
  - [ ] Discover

  Name As It Appears on Card: ____________________________  
  Card Number: ____________________________  Exp. Date: _____/_____/_____
  Signature: ____________________________

**Method of Registration:** Mail or Fax

**Fax:** (518) 262-5679  
Registrations accepted for Visa, MasterCard, Discover and American Express only. Fax registrations without credit card payment cannot be processed. This is a secure fax. Please register one person per form. This form may be photocopied.

**Mail: Return This Form With Payment To:**  
Office of Continuing Medical Education, Primary Care and Neurology Conference, Albany Medical College, Mail Code – 1 J408, 47 New Scotland Avenue, Albany, New York 12208-3479

**OFFICE USE ONLY**

Check #: ____________________________  B/P: ____________________________  Date Received: ______________

C.C. Approval #: ____________________________  CC: ____________________________  CL: ____________________________

Note: ____________________________
AGENDA

Friday, September 18
7:30 - 8:00am Registration, Exhibits and Continental Breakfast
8:00 - 8:15 Welcome, Introductions and Administration of Pre-Test
Ivelisse Verrico, MD
8:15 - 9:15 Primer on Multiple Sclerosis for the Primary Care Physician
Scott Newsome, DO
9:15 - 10:00 While the Centre Holds: Establishing Advance Directives in Early Alzheimer's Disease
Kevin Costello, MD
10:00 - 10:15 Break and Exhibits
10:15 - 11:00 Minimizing Post-Op Complications: How to Prepare Patients with Diabetes for Elective Surgery
James Desemone, MD
11:00 - 11:45 Advances in the Management of Osteoporosis
Matthew C. Leinung, MD
11:45 - 12:15pm Vitamin D: The Myths vs The Facts
Jennifer Lindstrom, MD
12:15 Adjourn

Saturday, September 19
7:30 - 8:00am Exhibits and Continental Breakfast
8:00 - 9:00 Deep Brain Stimulation: The Basics and the Nuances
Era Hanspal, MD
Julie Pilitis, MD, PhD
9:00 - 9:45 Tick Borne Diseases: A Review
Raymond Smith, MD
9:45 - 10:30 Case Studies in Pain Management: Avoiding Medical Errors in Prescribing Appropriate Analgesia
Jeffrey Fudin, PharmD
10:30 - 10:45 Break and Exhibits
10:45 - 11:30 Personality Disorders. Is It You Or Is It Me?
Abdul Q. Brula, MD
11:30 - 12:15pm Common Sports Injuries: The Weekend Warrior
Deborah Light, MD
12:15pm Adjourn

Sunday, September 20
7:30 - 8:00am Continental Breakfast and Exhibits
8:00 - 9:00 Botox: Do I Look Pretty?
Charles E. Argoiff, MD
Andrew Dubin, MD
9:00 - 10:00 Recognizing Skin Cancer: A Pictorial Review
Teddy Pan, MD
10:00 - 10:15 Break
10:15 - 11:15 Advances in Treatment for Atrial Fibrillation
David A. Steckman, MD
11:15 - 12:00pm Managing the Difficult Patient: "I have pain everywhere"
Charles E. Argoiff, MD
12:00 Wrap Up Session with Post Test

COURSE DIRECTORS
Charles E. Argoiff, MD
Professor of Neurology
Department of Neurology
Ivelisse Verrico, MD, FACP, FAAP
Assistant Professor of Internal Medicine and Pediatrics
Program Director of the Combined Internal Medicine and Pediatrics Residency Division of Medicine Pediatrics Residency Division of Medicine

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Division of Medicine

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Schleiermacher Professor of Medicine  
Vice-Chairman for Education  
Director, Internal Medicine Training Program

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Assistant Professor of Medicine  
Division of Cardiology  
Section of Cardiac Electrophysiology

**LAKE PLACID**

Stretching along the shores of two spectacular bodies of water and surrounded by the Adirondack High Peaks, the Village of Lake Placid is located in the heart of the six million acre Adirondack State Park. Host to the 1932 and 1980 winter Olympics, the Lake Placid area offers a variety of recreational activities. Enjoy golf, tennis, fishing, hiking, biking, boating and rock climbing. Tour the Olympic Museum and the Olympic Sports and Jumping Complexes. Stroll in the Olympic Village where you’ll find a variety of boutiques and eateries. Lake Placid has something for everyone.

**ACCOMMODATION INFORMATION**

A block of rooms has been reserved at both the Golden Arrow and Hampton Inn for the conference from Thursday, September 17 through Saturday, September 19. The rate is $169 per night single/double occupancy, (based on a three night minimum stay). Rates quoted do not include 11% sales tax. Room rates will not be guaranteed after August 14, 2015.

All lodging reservations are to be made directly with the Golden Arrow by calling (800) 582-5540 or (518) 523-3353. For reservations at the Hampton Inn call the Golden Arrow at the above number and ask for Amber. Mention Albany Medical College to secure the above rates.

**ACKNOWLEDGMENT**

A complete list of supporters will be provided at the conference.

**NEED INFORMATION?**

For information regarding the conference, contact the Office of Continuing Medical Education by phone at (518) 262-5828, fax at (518) 262-5679 or e-mail at pricej@mail.amc.edu.

For emergency calls during the conference, call The Conference Center at (518) 523-1655.

**Web Sites:**
- Albany Medical Center - www.amc.edu
- Golden Arrow – www.golden-arrow.com
- The Conference Center at Lake Placid - www.lakeplacid.com

**DO YOU HAVE QUESTIONS FOR OUR FACULTY?**

If you have specific questions regarding any of the agenda topics, please type them on a separate piece of paper and mail them to the Office of Continuing Medical Education with your registration. The faculty will do their best to respond to your questions, or incorporate the information into their talks.

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Travel:

Lake Placid is easily accessible by major highways and well-maintained thoroughfares. Air travel is available by commercial carrier to Adirondack Airport in Saranac Lake (Saranac Lake is 16 miles from Lake Placid).
We use multiple mailing lists for our conferences. If you receive more than one brochure, kindly pass it on to a colleague.