Current Topics in

PRIMARY CARE AND NEUROLOGY

Update for the Primary Care Practitioner

SEPTEMBER 19-21, 2014

The Conference Center at Lake Placid
2634 Main Street, Lake Placid, NY 12946

In collaboration with NY Chapter, American College of Physicians

Sponsored by Albany Medical College's Department of Medicine, Department of Neurology and the Office of Continuing Medical Education.
WHO SHOULD ATTEND
This program has been designed to be of interest to the physician, physician assistant or nurse practitioner whose practice involves the delivery of primary care to the adult and adolescent patient. While generalists are the target audience, sub-specialists who provide primary care will also find the topics useful.

ABOUT THE SYMPOSIUM
This conference focuses on topics of interest to primary care practitioners. The sessions will be concise, up-to-date and clinically relevant. Our intent is to bring practitioners of primary care together in a relaxed setting to review the latest trends in medicine and to share their own experiences and viewpoints in the context of evidence-based discussions.

LEARNING OBJECTIVES
At the conclusion of this conference, participants should:
- Be aware of the issues surrounding late life manifestations of occupational illness and injury.
- Recognize physician burnout and prevention strategies.
- Become familiar with advances in management of hypertension.
- Discuss appropriateness for ordering EMG/NCS.
- Be able to work up and treat syncope in a primary care office.
- Discuss diabetes, insulin resistance and dementia.
- Become familiar with both strategies to treat post-laminectomy pain.
- Discuss cardiovascular risk and incorporating the new cholesterol guidelines.
- Be able to evaluate and treat headaches.
- Become familiar with new advances in rheumatological diseases and management.
- Discuss up to date information regarding stroke management.
- Become familiar with dietary strategies with regard to hypertension and diabetes.
- Discuss opioid sparing approach to pain management.

ACCREDITATION
Physician: Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Albany Medical College designates this live activity for a maximum of 11.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Physician Assistant: AAPA accepts Category 1 credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.

For information regarding other professional credit, contact the Office of Continuing Medical Education.

TUITION

<table>
<thead>
<tr>
<th></th>
<th>By Sept. 1</th>
<th>After Sept. 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>Physicians</td>
<td>$250</td>
<td>$300</td>
</tr>
<tr>
<td>Others</td>
<td>$200</td>
<td>$250</td>
</tr>
<tr>
<td>Full-Time AMC</td>
<td>$100</td>
<td>$150</td>
</tr>
<tr>
<td>Employees and Residents</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Tuition includes admission to the symposium, access to an on-line course syllabus and breaks.

Tuition Refund Policy: Tuition refunds, minus a $35 administrative charge, are possible if notification is received by September 1. After that date, one half of the paid registration fee, minus the administrative charge, can be refunded. Refunds will be processed upon receipt of a written request.

CONFIRMATION
All registrants will receive a confirmation. If you register and do not receive a confirmation notice within one week of your registrations, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure we have received your information.

Lodging reservation confirmation will be handled by the Golden Arrow.

ATTIRE
Attire during the conference sessions is neat casual. Since everyone has a different comfort level, we suggest that you bring a sweater or light jacket.

ON-LINE SYLLABUS
Printed syllabus material will NOT be available at the conference. If syllabus material is available it will be posted on-line before and after the conference. In order to receive access you must provide your e-mail address on the registration form. You will receive access information via e-mail. If you do not receive access information please call (518) 262-5828.

SPECIAL NEEDS
Should you have a disability, dietary restrictions, or require other special arrangements, please call the Office of CME by September 1 to discuss your needs.

DO YOU HAVE SPECIFIC QUESTIONS?
If you have questions regarding any of the scheduled topics, write them on a separate sheet of paper and enclose with the registration form. Our faculty will do their best to include the information in their talk.
CONFERENCe REGISTRATION FORM
Current Topics in Primary Care Medicine SEPTEMBER 19-21, 2014

Tuition
Registration by September 1:
Physicians $250
Others $200
Full-Time AMC Employees and Residents $100
After September 1:
Physicians $300
Others $250
Full-Time AMC Employees and Residents $150

Only paid registrations can be accepted. Residents must provide a letter of residency verification from their program director with the registration form.

Name & Degree: ________________________________________________________________
(As to appear on conference materials)

CME Credit Tracking: ___________________ - ___________________ - ___________________
Month of Birth    Date of Birth    First 4 Characters of First Name

Specialty: ________________________________________________________________
Institution/Affiliation: _________________________________________________________
Department: ________________________________________________________________

Business Address: ____________________________________________________________
City: __________________________    State: ______    Zip: __________________________
Business Phone: __________________________    Business Fax: __________________________

Home Address: ________________________________________________________________
City: __________________________    State: ______    Zip: __________________________
Home Phone: __________________________

E-mail Address: ________________________________________________________________
(You must provide an e-mail address to gain access to the on-line syllabus)

Please Indicate Method of Payment:
☐ My check for $_________, payable to Albany Medical College is enclosed.
☐ Please charge my credit card for the amount of $_________.
   (For credit card payment, complete information below.)
   ☐ MasterCard    ☐ Visa    ☐ American Express    ☐ Discover
   Name As It Appears on Card: _______________________________________________
   Card Number: __________________________    Exp. Date: _____/_____/_____
   Signature: __________________________

Method of Registration: Mail or Fax
Fax: (518) 262-5679 registrations accepted for Visa, MasterCard, Discover and American Express only.
Fax registrations without credit card payment cannot be processed. This is a secure fax. Please register one person per form. This form may be photocopied.

Mail: Return This Form With Payment To:
Office of Continuing Medical Education, Primary Care and Neurology Conference, Albany Medical College, Mail Code – 1 J408, 47 New Scotland Avenue, Albany, New York 12208-3479

OFFICE USE ONLY
Check #: ___________________    B/P: ___________________    Amount: ___________________    Date Received: ___________________
C.C. Approval #: ___________________    CC: ___________________    CL: ___________________    Note: ___________________
AGENDA

Friday, September 19

7:30 - 8:00am  Registration, Exhibits & Continental Breakfast
8:00 - 8:15  Welcome and Introduction, Administration of Pre-Test
Ivelisse Verrico, MD, FACP, FAAP
8:15 - 9:00  Diabetes, Insulin Resistance and Dementia
James Desemone, MD
9:00 - 9:30  Dietary Recommendations: Diabetes
Jennifer E. Lindstrom, MD
9:30 - 10:30  ADHD: A Primer
Jeffrey Winseman, MD
Robert Hubbell, Psy.D.
10:30 - 10:45  Break and Exhibits
10:45 - 11:45  Cardiovascular Risks and The New Guidelines
William Boden, MD
11:45 - 12:15  EMG/NCS: What Every Primary Care Physician Should Know
Matthew Murnane, MD
12:15pm  Adjourn

Saturday, September 20

7:30 - 8:00am  Exhibits & Continental Breakfast
8:00 - 9:00  Headaches
Lawrence C. Newman, MD
9:00 - 10:00  Post Laminectomy Pain
John D. Markman, MD
10:00 - 10:30  Late Life Manifestations of Occupational Illness and Injury
Kevin B. Costello, MD
10:30 - 10:45  Break and Exhibits
10:45 - 11:45  Syncope
Timothy Lynch, MD, ABCN
Suzie Mookherjee, MD, FACC
11:45 - 12:30  Key Advances in the Management of Rheumatologic Diseases
Joseph Markenson, MD
12:30pm  Adjourn

Sunday, September 21

7:30 - 8:00am  Continental Breakfast & Exhibits
8:00 - 9:00  Physician Burnout
Ivelisse Verrico, MD, FACP, FAAP
Benjamin R. Doolittle, MD, MDiv
9:00 - 9:45  JNC 8
Arif Asif, MD, FASN, FNKF
9:45 - 10:00  Dietary Recommendations: HTN
Jennifer E. Lindstrom, MD
10:00 - 10:15  Break
10:15 - 11:00  Stroke
Gary L. Bernardini, MD, PhD
and Colum E. Amory, MD, MPH
11:00 - 11:45  Opioid Sparing Approaches to Managing Chronic Pain
Charles E. Argoft, MD
12pm  Wrap Up Session with Post Test

COURSE DIRECTORS

Charles E. Argoft, MD
Professor of Neurology
Department of Neurology

Ivelisse Verrico, MD, FACP, FAAP
Assistant Professor of Internal Medicine and Pediatrics
Program Director of the Combined Internal Medicine and Pediatrics Residency Division of Medicine

GUEST FACULTY

Benjamin R. Doolittle, MD, MDiv
Associate Professor of Medicine and of Pediatrics
Director Internal Med-Pediatrics Residency Program
Yale School of Medicine
New Haven, CT

Joseph Markenson, MD
Professor of Clinical Medicine
Weill Cornell Medical College
New York, NY

John D. Markman, MD
Associate Professor
Departments of Neurosurgery and Neurology
University of Rochester Medical Center
School of Medicine and Dentistry
Rochester, NY

Lawrence C. Newman, MD
Professor of Neurology
The Mount Sinai Hospital
New York, NY
President, American Headache Society

ALBANY MEDICAL COLLEGE FACULTY

Colum F. Amory, MD, MPH
Assistant Professor of Neurology, Stroke and Neurocritical Care
Program Director of the Neurology Residency Department of Neurology

Arif Asif, MD, FASN, FNKF
Professor of Medicine
Chief, Division of Nephrology and Hypertension

Gary Bernardini, MD, PhD, FANA
Professor of Neurology and Neurosurgery
Director, Stroke and Neurocritical Care
Edith M. Hellman Endowed Chair in Cerebrovascular Disease
Lake Placid is easily accessible by major highways and well-maintained thoroughfares. Air travel is available by commercial carrier to Adirondack Airport in Saranac Lake (Saranac Lake is 16 miles from Lake Placid).

Lake Placid
Stretching along the shores of two spectacular bodies of water and surrounded by the Adirondack High Peaks, the Village of Lake Placid is located in the heart of the six million acre Adirondack State Park. Host to the 1932 and 1980 winter Olympics, the Lake Placid area offers a variety of recreational activities. Enjoy golf, tennis, fishing, hiking, biking, boating and rock climbing. Tour the Olympic Museum and the Olympic Sports and Jumping Complexes. Stroll in the Olympic Village where you’ll find a variety of boutiques and eateries. Lake Placid has something for everyone.

Accommodation Information
A block of rooms has been reserved at both the Golden Arrow and Hampton Inn for the conference from Thursday, September 18 through Saturday, September 20. The rate is $169 per night single/double occupancy, (based on a three night minimum stay). Rates quoted do not include 11% sales tax. Room rates will not be guaranteed after August 14, 2014.

All lodging reservations are to be made directly with the Golden Arrow by calling (800) 582-5540 or (518) 523-3353. For reservations at the Hampton Inn call the Golden Arrow at the above number and ask for Amber. Mention Albany Medical College to secure the above rates.

Acknowledgment
A complete list of supporters will be provided at the conference.

Need Information?
For information regarding the conference, contact the Office of Continuing Medical Education by phone at (518) 262-5828, fax at (518) 262-5679 or e-mail at pricej@mail.amc.edu. For emergency calls during the conference, call The Conference Center at (518) 523-1655.

Web Sites:
• Albany Medical Center: www.amc.edu
• Golden Arrow: www.golden-arrow.com
• The Conference Center at Lake Placid: www.lakeplacid.com
We use multiple mailing lists for our conferences. If you receive more than one brochure, kindly pass it on to a colleague.