Acute Ischemic Stroke 2010

Saturday, March 27
7:30 am to 3:15 pm

Hudson Valley Community College
Bulmer Telecommunications Center
80 Vandenburg Avenue
Troy, New York 12180

Sponsored by Albany Medical College’s Neurosciences Institute (Department of Neurology and Neurosurgery) and the Office of Continuing Medical Education.
Registration Form

(Pre-registration is required)

Acute Ischemic Stroke  Saturday, March 27, 2010

Bulmer Telecommunications Center, Hudson Valley Community College
80 Vandenburgh Ave., Troy, New York

(Please type or print clearly & register one person per form)

Name & Degree _____________________________________________
(As to appear on conference information – up to two degrees only)

CME Credit Tracking _________________________________________
(Month of Birth – Day of Birth – First 4 Characters of First Name)

Specialty ________________________________________________

Organization ____________________________________________

Department ______________________________________________

Office Address ____________________________________________

City __________________________ State __________ Zip __________

Office Phone __________________________ Office Fax __________

Home Address ____________________________________________

City __________________________ State __________ Zip __________

Home Phone ______________________________________________

E-mail Address (You must provide an e-mail address to gain access to the on-line syllabus)

______________________________

Please Check Method of Payment:

☐ My check for $________, payable to Albany Medical College is enclosed.

☐ Please charge my credit card for the amount of $________.
   □ MasterCard □ Visa □ American Express □ Discover

Card Number __________________________ Exp. Date __________

Name as it appears on credit card __________________________

Signature ______________________________________________

Method of Registration: Mail or Fax

Fax: (518) 262-5679 Registrations accepted with credit card payment. Fax registrations without credit card information will not be processed. This is a secure fax line.

Mail: Return this form with payment to: Albany Medical College, Office of Continuing Medical Education, Stroke Conference - Mail Code 1, 47 New Scotland Avenue, Albany, NY 12208-3479

OFFICE USE ONLY

Check #: ___________________________ B/P __________________________

Amount: __________________________

Date Received: __________________________

C.C. Approval #: __________________________

Note: __________________________
Course Description
This conference will review the latest concepts in the management of ischemic stroke. The goal is to provide the practitioner with knowledge for accurate diagnosis and treatment of ischemic stroke, including review of acute treatment options as well as approaches to primary and secondary prevention. The course is designed to provide the practitioner with a comprehensive overview of stroke and details in its management. Accordingly, use of both intravenous and intra-arterial thrombolytics, hemicraniectomy for large middle cerebral artery strokes, and advances in neuroendovascular techniques including mechanical clot retrieval and intracranial stenting will be discussed. In addition, the role of therapeutic hypothermia for acute stroke and neuroprotection will be presented. This year our guest speaker Christine Rutan from the American Heart Association will discuss quality improvement guidelines for both stroke treatment and prevention. This course will meet 50% of the annual stroke education requirement for practitioners and clinicians at New York State Certified Primary Stroke Center.

Target Audience
This course is designed for neurologists, neurosurgeons, primary care physicians, emergency medicine physicians, radiologists, physician assistants, nurse practitioners and nurses. Interested allied health providers are welcome to attend.

Objectives
Upon completion of the course, the participant should be able to:

- Describe the risk factors and mechanisms of ischemic stroke, including the role of antiphospholipid antibodies in stroke
- Discuss approaches to the diagnosis of stroke, including neuroimaging techniques
- Discuss important primary and secondary stroke prevention strategies
- Explain Get With The Guidelines American Heart Association quality improvement strategies
- Describe the impact of stroke in women
- List treatment options of hemicraniectomy and newer techniques for malignant middle cerebral artery stroke
- Learn about the constant-evolving neuroendovascular techniques to treat ischemic stroke including intra-arterial thrombolysis, embolectomy devices, and intracranial stenting
- Identify key aspects of nursing care for the treatment of an acute stroke patient

Accreditation
Physician:
The Albany Medical College is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

Albany Medical College designates this educational activity for a maximum of 6 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.

Physician Assistant:
AAPA accepts Category I credit from AOACCME, Prescribed credit from AAFP, and AMA Category I CME credit for the PRA from organizations accredited by ACCME.
**Tuition**

Tuition includes course registration, access to the on-line syllabus, a continental breakfast, lunch, and beverage breaks.

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<th>After March 15</th>
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<tr>
<td>Physicians</td>
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<tr>
<td>Full Time AMC &amp; Stratton VA Staff, and Residents*</td>
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*Residents must send a letter of residency verification from their program director with the registration form to receive the discounted tuition rate.

Refunds minus a $25.00 administrative fee are possible if cancellation of registration is received in writing by **March 15**. After that date, one half of the paid tuition, minus a $25 administrative fee, is refundable with written notification.

**Confirmation**

All registrants will receive a confirmation. If you register and do not receive a confirmation notice, please call the Office of Continuing Medical Education at (518) 262-5828 to be sure we have received your information.

**On-Line Syllabus**

Printed syllabus material will **NOT** be available at the conference. The syllabus will be available on-line at least 5 days prior and 5 days after the conference. In order to receive access to the syllabus material you must provide your e-mail address on the registration form. You will receive access information via e-mail. If you do not receive access information please call (518) 262-5828.

**Accommodations**

If you will require lodging, we have included a list of nearby hotels for your convenience.

**Comfort Inn & Suites**

99 Miller Road  
East Greenbush, NY, 12061  
Phone: (518) 479-3217  
Fax: (518) 479-3167

**Fairfield Inn - Albany/East Greenbush**

124 Troy Road  
East Greenbush, NY 12061  
Phone: (518) 477-7984  
Fax: (518) 477-2382

**Holiday Inn Express - East Greenbush**

8 Empire Drive  
Rensselaer, NY 12144  
Toll-Free: 800-465-4329  
Phone: (518) 286-1011  
Fax: (518) 286-3952  
E-Mail: hialbany@aol.com

**Franklin Square Inn & Suites**

One Fourth Street  
Troy, NY 12180  
Phone: (518) 274-8800  
Fax: (518) 274-0427  
Toll-Free: 866-708-2233  
E-mail: kboyer@franklinsquareinn.com
Agenda
Saturday, March 27, 2010

7:30-8:00 AM  Registration, Continental Breakfast & Exhibits

8:00-8:15  Welcome
Gary L. Bernardini, MD, Ph.D.

8:15-9:00  Ischemic Stroke: Overview, Risk Factors, and Management
Gary L. Bernardini, MD, Ph.D.

9:00-9:45  Antiphospholipid Antibodies and Ischemic Stroke
Colum F. Amory, MD, MPH

9:45-10:00  Questions and Answers

10:00-10:15  Break and Exhibits

10:15-11:00  Get With The Guidelines (GWTG):
Continuous Quality Improvement for Stroke Treatment
and Prevention
Christine Rutan, CPHQ

11:00-11:45  Stroke: Special Considerations for Women
Jennifer Yanoschak, MD

11:45-12:00  Questions and Answers

12:00-12:45  Lunch and Exhibits

12:45-1:30  When Cool is Cool: Therapeutic Hypothermia for Stroke
and Neuroprotection
Gary L. Bernardini, MD, Ph.D.

1:30-2:15  Decompressive Craniectomy for Management of Malignant
Middle Cerebral Artery Infarction
John W. German, MD

2:15-3:00  Interventional Therapies in Acute Ischemic Stroke
Alan S. Boulos, MD

3:00-3:15  Questions and Answers

Nursing Breakout Session
1:30-2:30  Incorporating Stroke Guidelines into Nursing Practice
Allison M. Goodell, RN, MS, ACNS-BC, CNRN

2:30-3:15  Relating Stroke Symptoms to Neuroanatomy:
Where in the Brain is the Lesion?
Allison M. Goodell, RN, MS, ACNS-BC, CNRN

Adjourn
Course Director

Gary L. Bernardini, MD, Ph.D.
Professor of Neurology and Neurosurgery
Director, Stroke and Neurocritical Care
Edith M. Hellman Endowed Chair in Cerebrovascular Disease
Albany Medical College
Albany, NY

Guest Faculty

Christine Rutan, CPHQ
Senior Regional Director
Quality Improvement Initiatives
American Heart Association
Northeast Affiliate
Albany, NY

Albany Medical College Faculty

Colm F. Amory, MD, MPH
Assistant Professor of Neurology, Stroke and Neurocritical Care
Department of Neurology

Alan S. Boulos, MD
Associate Professor of Neurosurgery and Radiology
Director Neuroendovascular Surgery
Herman and Sunny Stall Chair in Endovascular Surgery

John W. German, MD
Associate Professor of Neurosurgery
Division of Neurosurgery

Allison M. Goodell, RN, MS, ACNS-BC, CNRN
Clinical Nurse Specialist
Neurosciences

Jennifer Tanoschak, MD
Assistant Professor of Neurology, Stroke and Neurocritical Care
Department of Neurology
Directions To Hudson Valley Community College – Bulmer Telecommunications Auditorium

From the North: The Hudson Valley campus is minutes from exit 7 of the Northway (I-87). Follow Rte. 7 East approximately 1.5 miles to I-787 South. Take I-787 South to Rte. 378 East. Over bridge bear right to Rte. 4 south and continue for 1 mile to the campus on your left. Turn onto North Road by scrolling sign, Bulmer Auditorium is the first building on the right.

From the South: Take Exit 23 off I-87 (NYS Thruway). Follow I-787 North 6 miles to the exit 7E for Rte. 378 East and follow as above.

From the East: Take Exit 8 of the Massachussets Turnpike and follow I-90 approximately 9 miles to Exit 8. Turn left off ramp to Route 4. Campus is 5 miles ahead on the right. Turn left onto North Road by scrolling sign, Bulmer Auditorium is the first building on the right.

From the West: Take Exit 24 off I-90 (NYS Thruway), continue on I-90 East 6 miles to I-787 North (Troy). Follow I-787 as above.

Parking
Parking is available at no charge at the entrance of Bulmer Auditorium

Need Information?
For further information regarding this conference, contact the Office of Continuing Medical Education by phone @ (518) 262-5828, by fax @ (518) 262-5679 or e-mail at pricej@mail.amc.edu. For emergency calls during the conference, call the Hudson Valley Community College Security Department at (518) 629-7210.

Be sure to visit the Albany Medical Center Website @ www.amc.edu.

Special Needs
Should you have disabilities, dietary restrictions or other requirements, please contact the Office of Continuing Medical Education at (518) 262-5828 by March 15, 2010 to discuss your needs.

Attire
Because everyone has a different comfort level we suggest you dress in layers or bring a sweater.

Acknowledgment
A complete list of supporters will be available at the conference

Do You Have Specific Questions?
If you have questions regarding any of the scheduled topics, write them on a separate sheet of paper and enclose with the registration form. Our faculty will do their best to include the information in their talk.
Register by March 15th and Save $$$$$$$$$

We use multiple mailing lists for our conferences. If you receive more than one brochure, kindly pass it on to a colleague.